

# Nutritional support for those managing blood sugar

## BOOST GLUCOSE CONTROL® NUTRITIONAL DRINK



### WHO is it for?

BOOST Glucose Control® is a nutritional drink specially formulated for those managing blood sugar.



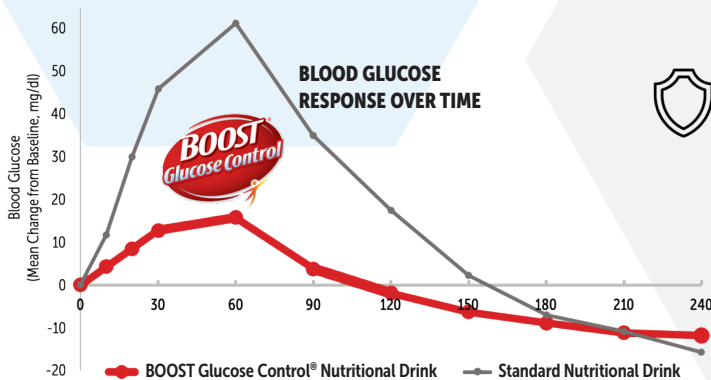
### HOW does it fit into your lifestyle?



As a snack or mini-meal, BOOST Glucose Control® Nutritional Drink provides protein, vitamins and minerals to help meet daily nutritional needs.\*

### WHY choose BOOST®?

BOOST Glucose Control® Nutritional Drink is clinically shown to produce a lower blood sugar response vs. a standard nutritional drink in adults with type 2 diabetes.\*



Did you know?  
**>50%** of adults with diabetes don't get the protein they need from diet alone

**16 g** high quality protein

**25** vitamins & minerals

**16 g** carbs (1 carb choice)

**3 g** dietary fiber

**7 g** fat

### WHAT is in it?

**PROTEIN:** Essential for muscle health and can help manage hunger; higher protein diets can help support blood sugar management.

**CARBS:** Provide energy the body needs to function and includes dietary fiber to support digestive health.

**VITAMINS & MINERALS:** Essential for everyday health and nutrition.

**FAT:** Provides essential fatty acids and can help slow digestion of carbs and minimize blood sugar spikes.

**1:1:1** PROTEIN CARBS FAT  
**PATENTED BALANCED RATIO:** A balanced ratio of total calories from protein, carbs and fat designed to help manage blood sugar levels as part of a balanced diet.\*

Starting your day right with a well-balanced breakfast can help keep blood sugar levels in range



References: 1. Dong JY et al. Br J Nutr 2013;110:781-89. 2. Fanelli SM et al. Nutrients 2021;13(8):2582. 3. <https://www.joslin.org/patient-care/diabetes-education/diabetes-learning-center/carbs-protein-and-fats-their-effect> 4. Jakubowicz D et al. Diabetes Care. 2015;38(10):1820-26 5. Kamruzzaman M et al. Front Endocrinol. 2021;12:661877. 6. Luger M et al. Exp Clin Endocrinol Diabetes 2013;121(5):286-94. 7. Klosterbuer A, et al. JAND 2022; 122(10): A91.

\* NOT A SUBSTITUTION FOR MEDICATION. Incorporate into a balanced diet as part of a medically supervised diabetes management plan.



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