IBgard® **CONVENIENT DAILY DOSING**

Daily Management[†]

Suggested Usage:





Adults, take two capsules, 1-3 times daily, as needed or as directed by a healthcare provider Take 30 to 90 minutes before a meal. with water





If the pre-meal dose is missed, IBgard® can be taken with or after a meal

Do not exceed 8 capsules a day*

*Clinically studied at 6 capsules per day

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Warning: Consult with your healthcare provider before use if you are pregnant, nursing, taking any medications or have any medical condition. Discontinue use and consult your healthcare provider if symptoms persist or worsen, or any adverse reaction occurs.





MANUFACTURER'S COUPON EXPIRES: 12/31/22

Offer good on any IBgard® product













NOT FOR RESALE. Coupon void if altered, copied, sold, purchased, transferred, exchanged or where prohibited or restricted by law. CIC® Member Coupon Integrity Program. CONSUMER: Limit one coupon per specified item(s) purchased. Limit 4 like coupons per household per day. No cash or credit in excess of shelf price awarded. Any other use constitutes fraud. RETAILER: Nestlé HealthCare Nutrition, 1 Fawcett Dr., Del Rio, TX 78840, USA will redeem this coupon per our Nestlé Coupon Redemption Policy found at https://www.inmar.com/-/Document/NestleConsolidatedCouponRedemptionPolicy, pdf. Consumer must pay sales tax where applicable. Valid in the USA, incl. APOs/FPOs/Possessions/Territories. Cash value: 1/20.

IBgard® **GENTLE, FAST, RELIABLE**[†]





#1 Gastroenterologist recommended brand[‡]



Relief from occasional abdominal symptoms in less than 24 hours6+



Gradual release of ultra-purified peppermint oil for gut health support^{7†}



IBgard® with Vitamin D includes 25 mcg (1,000 IU) of vitamin D which supports immune and bone health[†]



Suitable for daily use



Take control of your daily digestive health with IBgard®†

Find out more about our Gard range of effective and herbal products for gut health Visit www.IBGARD.com

‡ Among gastroenterologists who recommended peppermint oil for abdominal comfort. Lieberman 2021.

References

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POWERED BY NATURE.... PERFECTED BY SCIENCE



DO YOU EXPERIENCE ABDOMINAL DISCOMFORT, BLOATING, CHANGES IN BOWEL HABITS?



We understand how your abdominal symptoms can be **unpredictable**, **distressing** and **exhausting**. They can **significantly disrupt** your daily life.²⁻⁴

Many people try a range of methods to help relieve their symptoms, but don't get the results they want and experience unwanted side effects.⁵

This is why we developed IBgard®, made with ultra-purified peppermint oil, to help manage occasional abdominal symptoms and provide daily gut health support†

EXPERIENCE THE IBgard® DIFFERENCE

IBgard® is the only solution clinically shown to help manage a combination of occasional abdominal symptoms using patented Site-specific Targeting (SST®) technology, which delivers ultra-purified peppermint oil to where it is needed.†



Peppermint oil

Relaxes your digestive system and helps manage occasional symptoms in your gut.[†]



The peppermint oil is contained within uniquely designed tiny spheres with a three-layer coating⁶

All three layers work together to ensure the peppermint oil is released directly to the source of your occasional symptoms for fast action^{6†}

POWERED BY NATURE.... PERFECTED BY SCIENCE

THE GENTLE APPROACH

This gradual release allows a slow and gentle approach. The calming action of peppermint oil steadily travels through the gut to give you support for occasional abdominal symptoms^{7†}



This triple coating technology also minimizes the potential for heartburn, unlike single coating technology used in peppermint oil products

IBgard® HAS BEEN SHOWN TO ACT IN 24 HOURS OR LESS†



When taken daily, IBgard® was shown to start working in as little as 24 hours.⁺