



# MEDICAL NUTRITION: *At-a-Glance* NUTRITIONAL CHART

## HIGH CALORIE

### BOOST PLUS®

360 Calories  
14 g Protein  
26 Vitamins & Minerals



Helps Gain or Maintain Weight

Delicious nutritional drink providing 360 calories (1.5 kcal/mL) with 14 g protein to help gain or maintain weight.

● Very Vanilla

### BOOST® VERY HIGH CALORIE

530 Calories  
22 g Protein  
26 Vitamins & Minerals



Helps Gain or Maintain Weight

Calorically dense nutritional drink with 530 calories (2.24 kcal/mL) & 22 g protein to help gain or maintain weight.

● Rich Chocolate  
● Very Vanilla  
● Creamy Strawberry

## DIABETES NUTRITION

### BOOST GLUCOSE CONTROL®

190 Calories  
16 g Protein  
16 g Carbs  
4 g Sugars



Helps Manage Blood Sugar Response\*  
As Part of a Balanced Diet

\*Designed to produce a lower blood sugar response vs. a standard nutritional drink in people with type 2 diabetes. Use as part of a medically supervised diabetes management plan. **Not a substitute for medication.**

● Rich Chocolate  
● Very Vanilla

## CLEAR LIQUID NUTRITION

### BOOST BREEZE®

250 Calories  
9 g Protein  
19 Vitamins & Minerals



Fortified Clear Liquid Nutrition

Clear, fruit-flavored nutritional drink with 250 calories, 9 g protein and 19 vitamins & minerals to help fill nutritional gaps.

● Orange  
● Wild Berry  
● Variety Pack

## EVERYDAY NUTRITION

### BOOST® ORIGINAL

240 Calories  
10 g Protein  
27 Vitamins & Minerals



Helps Fill Nutritional Gaps

Great-tasting nutritional drink with 240 calories, 10 g protein and 27 vitamins & minerals to help fill nutritional gaps.

● Rich Chocolate  
● Very Vanilla

# BOOST® NUTRITION SOLUTIONS TO HELP MEET YOUR PATIENTS' NUTRITIONAL NEEDS

**NUTRITIONAL  
INFORMATION PER  
SINGLE SERVING OF  
FEATURED FLAVOR**



		<b>BOOST® VERY HIGH CALORIE</b>	<b>BOOST PLUS®</b>	<b>BOOST BREEZE®</b>	<b>BOOST® ORIGINAL</b>	<b>BOOST GLUCOSE CONTROL®</b>
<b>Calories</b>	kcal	530	360	250	240	190
<b>Calories per mL</b>		2.24	1.5	1.05	1.0	0.8
<b>Protein</b>	g	22	14	9	10	16
<b>Total Carbohydrate</b>	g	52	45	54	37	16
<b>Dietary Fiber</b>	g	0	0	0	0	3
<b>Total Sugars</b>	g	13	16	34	15	4
<b>Total Fat</b>	g	26	14	0	6	7
<b>Sodium</b>	mg	280	170	70	150	200
<b>Potassium</b>	mg	420	360	30	470	170
<b>Total Vitamins &amp; Minerals</b>	#	26	26	19	27	25
<b>Serving Size</b>		237 mL	237 mL	237 mL	237 mL	237 mL
<b>No Artificial Sweeteners</b>		✓	✓	✓	✓	
<b>No Artificial Colors</b>		✓	✓		✓	✓
<b>Gluten Free</b>		✓	✓	✓	✓	✓
<b>Suitable for Lactose Intolerance*</b>		✓	✓	✓	✓	✓

\*Not for individuals with galactosemia.