



Jose M. Saavedra, MD

Jose Saavedra is Associate Professor of Pediatrics, at the Johns Hopkins University School of Medicine. He is a pediatrician, gastroenterologist, investigator, educator, and medical and scientific business executive.

Dr. Saavedra carried out seminal and groundbreaking work in the area of probiotics in pediatrics, and has an extensive record of publications in nutrition, and in the area of intestinal microbiota, immunity, and preventive nutritional strategies. In the latter part of his career, he also worked as Medical Director for Nestlé Nutrition in North America, and until recently as Global Chief Medical Officer for Nestlé Nutrition, in Vevey, Switzerland. Dr. Saavedra is Chairman of the Board of the Nestlé Nutrition Institute.

During that time, he expanded scientific innovation, and enhanced Nestlé's educational and research activities focused on infant and childhood health. He spearheaded a number of collaborative initiatives, many on education and dissemination of nutrition knowledge, focused on Early Childhood Nutrition Education, with pediatric and nutrition societies and organizations globally, including NASPGHAN, ESPGHAN, the American Academy of Pediatrics, the National Academies of Science in Washington DC., and UNESCO.

He recently published a book entirely dedicated to the impact of early life nutrition on life-long health consequences, focusing on nutrition in the first 1,000 days.

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