

Biosketch

Stephen A. McClave, M.D.

Dr. McClave is a native of Columbus, Ohio, though he has lived in Louisville, Kentucky and been on faculty at the University of Louisville School of Medicine for over 30 years. Dr. McClave received his M.D. from Ohio State University and completed his Internal Medicine Residency and Chief Residency at the Medical University of South Carolina in Charleston, South Carolina. He finished his Gastroenterology Fellowship at the University of South Florida in Tampa, Florida. Dr. McClave is Professor of Medicine and Director of Clinical Nutrition at the University of Louisville School of Medicine. He served previously as Director of the Nutrition Curriculum for the Introduction to Clinical Medicine Course for first and second year medical students.

He is a past chairman of the Medical Practice Section of ASPEN, served on its National Nutrition Week Planning Committee for four years, and was an Associate Editor for Nutrition in Clinical Practice for that society. He was on the ASPEN Board of Directors for six years and is a Past-President of that group. He was Co-Chairman and lead author of both the 2009 and the 2016 ASPEN/SCCM Guidelines for Nutrition in the Adult Critically Ill Patient. He is Co-Chairman of a new ASPEN Committee on Physician Enhancement.

He is a Diplomat and Past-President of the National Board of Physician Nutrition Specialists. He was a member of the ASGE Task Force for Enteral Nutrition, and was the past Chairman of the ASGE Special Interest Group in Enteral Nutrition. He was the Co-Chairman and lead author for the 2016 ACG Guidelines on Nutrition Therapy of the Adult Hospitalized Patient. He was awarded the Honorary Lifetime Membership of the Academy of Nutrition and Dietetics. He is a fellow of ASPEN, ACN, AGA, and the ASGE.

He is author of over 240 articles, 40 book chapters, and numerous medical educational videotapes (including a series of 14 videos on enteral access for the ASGE). His research interests and clinical expertise involve critical care nutrition and early enteral feeding, guidelines for nutrition therapy, endoscopic techniques for enteral access, and indirect calorimetry.

Along with numerous academic interests, he has a healthy appreciation for a number of outdoor sports, enjoying running, biking, boating, or skiing depending on where his travels take him.

June 2018