

Allergen Ingredients in Nestlé Health Science Nutritional Products

Potential Allergens by Product	Milk	Soy	Wheat	Fish	Shellfish	Eggs	Peanuts	Tree Nuts
Alfamino™ Infant								
Alfamino™ Junior								
Arginaid®								
Arginaid Extra®	√							
Benecalorie®	√							
Beneprotein®	√	√						
BOOST®	√	√						
BOOST Breeze®	√							
BOOST® Essential Protein™	√	√						
BOOST Glucose Control®	√	√						
BOOST Glucose Control® High Protein	√							
BOOST® High Protein	√	√						
BOOST® High Protein Powder	√	√	√*					
BOOST® High Protein with Fiber	√	√						
BOOST® Kid Essentials Retail	√							
BOOST® Kid Essentials 1.0	√							
BOOST® Kid Essentials 1.5	√							
BOOST® Kid Essentials 1.5 Fiber	√							
BOOST® Max	√							
BOOST® Men	√	√						
BOOST® Mobility	√	√						
BOOST® Nutritional Pudding	√							
BOOST Optimum™	√	√						
BOOST Plus®	√	√						
BOOST® Soothe	√							
BOOST® VHC	√	√						
BOOST® Women	√							
Carnation Breakfast Essentials® Powder	√	√	√*					
Carnation Breakfast Essentials® Probiotics Powder	√	√	√*					
Carnation Breakfast Essentials® Ready To Drink	√	√						
Carnation Breakfast Essentials® High Protein Ready To Drink	√	√						
Carnation Breakfast Essentials® High Protein Powder	√	√	√*					
Carnation Breakfast Essentials® Light Start Powder	√	√	√*					
Carnation Breakfast Essentials® Light Start Ready to Drink	√	√						
Compleat®	√							
Compleat® Peptide 1.5								
Compleat® Pediatric	√							
Compleat® Pediatric Peptide 1.5								
Compleat® Pediatric Reduced Calorie	√							
Compleat® Organic Blends Plant-Based								
Compleat® Organic Blends Chicken-Garden								
Compleat® Pediatric Organic Blends Plant-Based								
Compleat® Pediatric Organic Blends Chicken-Garden								
Diabetishield®	√							
Diabetisource® AC		√						
Fibersource® HN	√	√						
Glutasolve®								
Glytrol®	√	√						
Impact®	√	√						
Impact Advanced Recovery®	√							
Impact® Peptide 1.5	√	√						
Isosource® 1.5 Cal	√	√						
Isosource® HN	√	√						
MCT Oil®								
Microlipid®		√						
Modulen®	√	√						
Novasource® Renal	√	√						
√ = Contains √* = May Contain								
Based on information as of Sept 2020. Ingredients are subject to change. The information provided, although accurate at the time of preparation, may change due to product reformulation and/or change in ingredients suppliers. The most accurate information can be obtained by referring to the most recent product labels.								
This information is for comparison purposes only and is not intended as a substitute for clinical judgment or facility protocols.								

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Nutren® 1.0	√	√						
Nutren® 1.0 Fiber	√	√						
Nutren® 1.5	√	√						
Nutren® 2.0	√	√						
Nutren® Junior	√	√						
Nutren® Junior Fiber	√	√						
Nutren® Pulmonary	√	√						
NutriHep®	√	√						
Nutrisource® Fiber								
Optifast® Bars	√	√	√*			√*	√*	√*
Optifast® Ready to Drink	√	√						
Optifast® Shake Mix	√	√						
Optifast® Soup Mix	√	√						
Optifast HP® Ready To Drink	√	√						
Optifast HP® Shake Mix	√							
Optifast® Post Bariatric Chewable Vitamins & Mineral Supplement								
Optifast® Post Bariatric Very High Protein Drink	√	√						
Peptamen®	√	√						
Peptamen® 1.5	√	√						
Peptamen® 1.5 with Prebio ^{1TM}	√	√						
Peptamen AF®	√	√						
Peptamen® Intense VHP	√	√						
Peptamen® with Prebio ^{1TM}	√	√						
Peptamen Junior®	√	√						
Peptamen Junior® Fiber	√	√						
Peptamen Junior® 1.5	√	√						
Peptamen Junior® HP	√	√						
Peptamen Junior® with Prebio ^{1TM}	√	√						
RenalCal®	√	√						
Replete®	√							
Replete® Fiber	√	√						
Resource® 2.0	√	√						
Resource® ThickenUp®								
Resource® ThickenUp® Clear								
Tolerex®								
Vivonex® Pediatric								
Vivonex® Plus								
Vivonex® RTF								
Vivonex® T.E.N.								
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