Creation of a co-signable malnutrition note to increase the volume of patients properly coded for malnutrition

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AIM Statement

The Lahey Nutrition Quality Improvement Team will

increase

the number of cases coded appropriately for malnutrition

in the inpatient hospital setting

from 749 cases (13.5% of all admissions) in the past 6 months

to 936 cases (a 25% increase)

by 6 months after the implementation of the cosignable note (7/6/16)



Change Management

- When it was identified that we were identifying malnourished patients below the national average, and the coding team had a level of frustration with physician's not following up to queries generated when the specialist read the dietitian's note
- A team of 3: dietitian, Coding Specialist and IT were built to guide the project
- It was difficult to get buy-in from IT, they just wanted to know what we wanted them to do and when it was needed
- At a physician work group meeting our presentation of the idea garnered buy-in from the physician's as well as further expanding the dietitan's role in documenting malnutrition on the problem list
- With the expanded role in identifying malnutrition and getting in coded for, buy-in from all on site and a secondary site was achieved
- Short term wins were celebrated via email to all dietitians as to allow everyone to feel this was their project and they had a stakeholder role



PLAN

| Process | Equipment | People | Effect | |
|---|--|--|---|-------------------------|
| RD decuments malnutrition, pages physician and puts a sticky note into the chart | EPIC malnutrition flowsheet is only visible to RD and coding specialist | MD does not have the time to put malnutrition on the problem list, read RD notes | | |
| | | | Malnutrition is not being coded for/identified by physicians at same level RDs are identifying patients | |
| | | | are identifying patients | |
| No easy way for dietitian to have physician sign off on identified level of malnutrition by the dietitian | Loss of revenue, well below average number of malnutriiton patients being identified | MDs are used to ignoring sticky notes, pended notes 2/2 volume of quires, no efficient way to get malnutrition on problem list/signed off on | | |
| | | People are not trained to or do not agree with with new malnutrition | | |
| | | criteria | ~○ EN | lact |
| Material | Management | Environment | Problem | ment Through Nutrition™ |

Baseline or Collected Data

| Oct 2015 through May 2016 | |
|---|--------|
| | |
| # of Cases of Malnutrion Coded for | 749 |
| | |
| # of patient's admitted to hospital | 5474 |
| | |
| % of patients coded for Malnutition | 13.68% |
| | |
| # of patient's identified by RD with malnutrition | ** |

^{**} the report to generate this information remains in process with IT department

The current data is not able to be separated out on a monthly basis, it will be able to moving forward



DO- Implementation Plan

| What | Who | Due Date | Complete? | Results | Comments |
|---|-------|-------------------|-----------|--|---|
| Cosignable Malnutrition Note | EPIC | June 1st | Yes | 3 individual dot phrases for each category of malnutrition were created with a dot phrase for the physician attestation | |
| Report to track number of cases | | | | | Not the most user friendly |
| of Malnutrition coded for over time period | CDI | June 1st | Yes | | report but after it is drilled down the data is present |
| Report to identify number of cases identified by the dietitian as having malnutrition | EPIC | July 6th | No | Along with the CDI report will be able to identify how many cases of malnutrition are coded for and how many RD is identifying and able to follow the variance | |
| Dietitian training on new note | RD | Prior to July 6th | No | | |
| Physician Training-hospatilists | RD/MD | Prior to July 6th | No | | |
| Physician Training-specialties | RD/MD | July 31st | No | | |
| Physician Training-surgical groups | RD/MD | July 31st | No | | |
| Dietitains with access to problem list | EPIC | July 6th | No | | |
| Dietitian training on adding to problem list | EPIC | July 6th | No | | Scheduled for June 23rd and 30th |

DO- Communication Plan

| | | | | | A contract of the contract of |
|-----------------------|---|---|---------|-----------------------------|---|
| Target Audience | Message Content | Delivery Mechanism | Sender | Date and Time | Follow Up Needed? |
| Dietitians | How to use the cosignable note How to put items on the problem list | Visual demonstartion at staff meeting Tip Sheet for reference | Sara | June 23rd and 30th at 11 am | Yes, check in at staff meeting about how it is going |
| Coders | What new note looks like | Visual demonstartion at staff meeting Tip Sheet for reference | Trish | Prior to July 6th | |
| Physician-hospitalist | How to use the cosignable note Information about the etiolgy based malnutrition definitions | Requesting no formal presentation, just tip sheet for now | Sara/MD | E-mail blast July 5th | Yes |
| Physician-specialty | How to use the cosignable note Information about the etiolgy based malnutrition definitions | Requesting no formal presentation, just tip sheet for now | Sara/MD | E-mail blast July 5th | Yes |
| | How to use the cosignable note Information about the | Requesting no formal | | | |
| | etiolgy based | presentation, just tip sheet | | | |
| Physician-surgeon | malnutrition definitions | for now | Sara/MD | E-mail blast July 5th | Yes |

STUDY

- No data or pilot study results yet
- Unable to do pilot study as it will go live system wide on July 6th



ACT



DASHBOARD

Dashboard

AIM

The Nutrition QI team will increase the number of cases coded for malnutrition appropriately in the hospital setting as currently on 13.5% of all admissions are being coded for malnutrition

Plan

A cosignable malnutrition note would be created in EPIC with a specific attestation by they Physician onto the RD's note. Once cosignature is obtained the RD will place it on the problem list

Do

The dietitians were trained on how to create the note, ask for cosignature and place malnutrition on the problem list when cosigned. The physician's were given a tip sheet on the new process. IT created a new report to track all the patients who were identified as having malnutrition. The coding specialist were alerted to the new process and given the same tip sheet as the physicians.

Study

Go live is July 6, 2016

Act

Will follow up



LESSONS LEARNED

- What the dietitians and coding specialist thought were the biggest obstacle for physicians was way different than what the physicians viewed as the biggest obstacle
- It's hard to get people away from looking at alubumin/prealbumin for malnutrition-they are accepting of the new definitions but still use the old ones at the same time
- Persistence pays off-continually working with IT, requesting status updates, making phone calls can help move the process along



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