FDgard® **CONVENIENT DAILY USAGE**

THE PRE-MEAL COMPANION



2 capsules 2 times a day





Take 30 to 60 minutes before a meal with water

Swallow capsules whole or open capsules and mix contents with a non-dairy food item. Do not chew.





If pre-meal dose is missed, FDgard® can be taken with or after a meal

Do not exceed 6 capsules a day

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





Offer good on any FDgard® product



Walmart 💢









NOT FOR RESALE. Coupon void if altered, copied, sold, purchased, transferred, exchanged or where prohibited or restricted by law. CIC® Member Coupon Integrity Program. CONSUMER: Limit one coupon per specified item(s) purchased. Limit 4 like coupons per household per day. No cash or credit in excess of shelf price awarded. Any other use constitutes fraud. RETAILER: Nestlé HealthCare Nutrition, 1 Fawcett Dr., Del Rio, TX 78840, USA will redeem this coupon per our Nestlé Coupon Redemption Policy found at https://www.inmar.com/-/Document/NestleConsolidatedCouponRedemptionPolicy. pdf. Consumer must pay sales tax where applicable. Valid in the USA, incl. APOs/FPOs/Possessions/Territories. Cash value: 1/20.

FDgard[®] SUPPORT FOR YOUR OCCASIONAL INDIGESTION[†]





#1 Gastroenterologist recommended brand[‡]



Rapid Relief[†]



Suitable for daily use



Targeted release of herbal ingredients for digestive support[†]

Take control of your digestive health with FDgard®+

> Find out more about our Gard range of herbal products for gut health Visit www.FDGARD.com

Use these codes to save 10% off on AMAZON

February — 1092H8CG

March - 102DICBG

April — 10DX33UV

‡Among gastroenterologists who recommended an herbal product for meal-triggered indigestion. Lieberman 2021.

- 1. Ford AC, et al. *Lancet*. 2020 Nov 21;396(10263):1689-1702. 2. Kim SE, et al. *J Neurogastroenterol Motil*. 2018;24(4):603-13. 3. Ford AC, et al. *Gut*. 2015;64:1049-57.

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- 6. Pesce M, et al. World J Gastroenterol. 2020;26(5):456-65. 7. Lacy BE, et al. Aliment Pharmacol Ther. 2013;38(2):170-7.

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DO YOU EXPERIENCE FEELING UNCOMFORTABLY FULL, NAUSEOUS OR BLOATED AFTER MEALS?



We understand how these symptoms can be unpredictable, uncomfortable and exhausting. They can significantly impact your daily life.²⁻⁶

Many people try a range of methods to help relieve their symptoms, but don't get the results they want and experience unwanted side effects.^{6,7}

This is why we developed FDgard® capsules, made with caraway oil and I-Menthol, which work together to help relax the digestive system and manage occasional symptoms in the gut.

THE FDgard® DIFFERENCE

FDgard® capsules are the only product that uses patented Site-Specific Targeting (SST®) to help manage meal-triggered indigestion, designed to deliver caraway oil and I-Menthol to where they are needed.†



Caraway oil and I-Menthol

Work together to help relax the digestive system and manage occasional symptoms in the gut[†]



The herbal ingredients are contained in uniquely designed tiny spheres with a three-layer coating.

All three layers work together to help release the herbal ingredients to the source of your occasional symptoms — for fast action.

POWERED BY NATURE.... PERFECTED BY SCIENCE

THE GENTLE APPROACH

This targeted release allows direct action for a gentle approach. The caraway oil and I-Menthol in FDgard® help to calm the gut and manage a combination of occasional abdominal symptoms.†



This triple coating technology also minimizes the potential for heartburn, unlike single coating technology used in peppermint oil products containing I-Menthol.

FDgard® HAS BEEN SHOWN TO ACT WITHIN 24 HOURS®



FDgard® capsules start working on meal-triggered indigestion in as little as 24 hours[†]