



MEDICAL NUTRITION: AT-A-GLANCE NUTRITIONAL CHART

✓ Doctor Recommended Brand[†] ✓ Great Taste Guarantee^{**}

HIGH CALORIE NUTRITION

BOOST PLUS[®]

360 Calories
14 g Protein
26 Vitamins
& Minerals
4 g Fiber



**Helps Gain or
Maintain Weight**

Delicious nutritional drink providing 360 calories (1.5 kcal/mL) with 14 g protein to help gain or maintain weight.

● Very Vanilla

BOOST[®] VERY HIGH CALORIE

530 Calories
22 g Protein
26 Vitamins
& Minerals



**Helps Gain Weight
& Build Muscle[†]**

Calorically dense nutritional drink with 530 calories (2.24 kcal/mL) & 22 g protein to help gain or maintain weight and build muscle[†]

● Chocolate
● Very Vanilla
● Creamy Strawberry

DIABETES-FRIENDLY NUTRITION

BOOST GLUCOSE CONTROL[®]

190 Calories
16 g Protein
16 g Carbs
4 g Sugars



**Helps Manage Blood Sugar Response*
As Part of a Balanced Diet**

*Designed to produce a lower blood sugar response vs. a standard nutritional drink in people with type 2 diabetes. Use as part of a medically supervised diabetes management plan. **Not a substitute for medication.**

● Rich Chocolate
● Very Vanilla

CLEAR LIQUID NUTRITION

BOOST BREEZE[®]

250 Calories
9 g Protein
19 Vitamins
& Minerals



**Provides Essential Nutrients in a
Fruit-Flavored Clear Nutritional Drink**

Clear, fruit-flavored nutritional drink with 250 calories, 9 g protein and 19 vitamins & minerals to help fill nutritional gaps.

● Orange
● Wild Berry
● Variety Pack

BOOST[®] SOOTHE

300 Calories
10 g Protein



**Provides a Cooling Effect
For Those with Oral Discomfort**

Clear nutritional drink with a hint of strawberry kiwi flavor. Formulated without certain vitamins & minerals known to have a metallic aftertaste.

● Hint of Strawberry-Kiwi

EVERYDAY NUTRITION

BOOST[®] ORIGINAL

240 Calories
10 g Protein
27 Vitamins
& Minerals



Helps Fill Nutritional Gaps

Great-tasting nutritional drink with 240 calories, 10 g protein and 27 vitamins & minerals to help fill nutritional gaps.

● Rich Chocolate
● Very Vanilla

[†]In the Oral Nutritional Supplements Category

^{*}High calories to help gain weight and high protein to help build muscle in combination with resistance training.

^{**}Great Taste Guarantee only applies to one (1) product purchase of BOOST[®] Nutritional Shake 4-pack or 6-pack made between 1/1/2026 and 12/31/2026.

SUPPORT YOUR NUTRITION GOALS WITH BOOST® NUTRITIONAL SHAKES

NUTRITIONAL INFORMATION PER SINGLE SERVING OF FEATURED FLAVOR

							
		BOOST PLUS®	BOOST® VERY HIGH CALORIE	BOOST GLUCOSE CONTROL®	BOOST BREEZE®	BOOST® SOOTHE	BOOST® ORIGINAL
Calories	kcal	360	530	190	250	300	240
Calories per mL		1.5	2.24	0.8	1.05	1.3	1.0
Protein	g	14	22	16	9	10	10
Total Carbohydrate	g	47	52	16	54	65	37
Dietary Fiber	g	4	0	3	0	0	0
Total Sugars	g	20-22	13	4	34	15	15
Total Fat	g	14	26	7	0	0	6
Sodium	mg	170	280-290	200	20-70	0	150
Potassium	mg	360	420-450	170-250	0	0	470-580
Total Vitamins & Minerals	#	26	26	25	19	0	27
Serving Size		237 ml	237 ml	237 ml	237 ml	237 ml	237 ml
No Artificial Sweeteners		✓	✓			✓	✓
No Artificial Colors		✓	✓	✓	✓	✓	✓
Gluten Free		✓	✓	✓	✓	✓	✓
Suitable for Lactose Intolerance*		✓	✓	✓	✓	✓	✓

* Not for individuals with galactosemia.

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