

Compleat® The broadest range of Adult formulas including recognizable food ingredients, from the brand widely used in the real food/blenderized ingredient category for over 50 years.
B4149 (Real Food Ingredient/Blenderized) Formulas for Ages 14+



Product	Compleat® Original 1.0	Compleat® Original 1.5	Compleat® Organic Blends Plant-Based	Compleat® Organic Blends Chicken-Garden
	Gluten Free Contains Milk Protein	Gluten Free 	Gluten Free 	Gluten Free
Caloric Density	1.0 kcal/mL	1.5 kcal/mL	1.2 kcal/mL	1.27 kcal/mL
Fruit & Vegetable Ingredients Cup Equivalents	Approximately 1/4 cup per carton Approximately 1 cup per 1000 mL	At least 1/3 cup equivalent per carton 1.5 cup equivalents per 1000 mL	1 cup equivalent of real fruits and vegetables per pouch 4 cup equivalents of real fruits and vegetables per 1200 mL	1 cup equivalent of real fruits and vegetables per pouch 4 cup equivalents of real fruits and vegetables per 1200 mL
Includes Real Food ingredients	Includes 5 fruit and vegetable ingredients, plus protein from chicken, milk and peas	Includes 6 fruit and vegetable ingredients, plus protein from peas	Includes whole foods from 5 different fruits and vegetables, plus protein from organic butternut squash puree, organic banana puree, organic hydrolyzed pea protein, organic rice flour, organic rice protein concentrate	Includes whole foods from 4 different fruits and vegetables, plus protein from organic cooked chicken meat, organic rice flour, organic hydrolyzed pea protein
Fruit & Vegetables Included	Tomato paste, peach puree, green bean powder, carrot powder, cranberry juice concentrate	Apple puree, peach puree, cherry puree, banana puree, butternut squash puree, carrot powder	Organic butternut squash puree, organic banana puree, organic pear puree, organic blueberry puree, organic kale puree	Organic mango puree, organic butternut squash puree, organic spinach puree, organic beet puree
Macronutrient Distribution	Protein: 18% Carbohydrate: 48% Fat: 34%	Protein: 18% Carbohydrate: 39% Fat: 43%	Protein: 20% Carbohydrate: 40% Fat: 40%	Protein: 20% Carbohydrate: 42% Fat: 38%
Protein	12 g/carton 48 g/1000 mL	17 g/carton 68 g/1000 mL	18 g/pouch 60 g/1000 mL	18 g/pouch 60 g/1000 mL
Carbohydrate	34 g/carton 136 g/1000 mL	38 g/carton 152 g/1000 mL	40 g/pouch 133 g/1000 mL	40 g/pouch 133 g/1000 mL
Fat	10 g/carton 40 g/1000 mL	18 g/carton 72 g/1000 mL	16 g/pouch 53 g/1000 mL	15 g/pouch 50 g/1000 mL
Fiber	2 g/carton 8 g/1000 mL	3 g/carton 12 g/1000 mL	4 g/pouch 13 g/1000 mL	3 g/pouch 10 g/1000 mL
Total Sugars	8 g/carton 32 g/1000 mL	11 g/carton 44 g/1000 mL	19 g/pouch 63 g/1000 mL	17 g/pouch 57 g/1000 mL
Protein Sources	Milk protein concentrate, dehydrated chicken powder, pea protein isolate	Pea protein isolate, hydrolyzed pea protein isolate, L-cystine	Organic butternut squash puree, organic banana puree, organic hydrolyzed pea protein, organic rice flour, organic rice protein concentrate	Organic cooked chicken meat, organic rice flour, organic hydrolyzed pea protein
Carbohydrate Sources	Brown rice syrup, fruit and vegetable ingredients	Brown rice syrup, fruit and vegetable ingredients	Organic fruits and vegetables, organic rice flour	Organic fruits and vegetables, organic rice flour
Fat Sources	Canola oil	High oleic safflower or sunflower oil, canola oil	Organic extra virgin olive oil, organic canola oil	Organic extra virgin olive oil, organic canola oil
Fiber Sources	Fruit and vegetable ingredients, pea fiber, fructooligosaccharides (FOS), Inulin	Fruit and vegetable ingredients, partially hydrolyzed guar gum (PHGG)	Organic fruits and vegetables, organic rice flour, organic hydrolyzed pea protein	Organic fruits and vegetables, organic rice flour, organic hydrolyzed pea protein
DRI Coverage	26 micronutrients and protein	24 micronutrients and protein	26 micronutrients and protein	25 micronutrients and protein
Recommended Daily Amount to provide DRI coverage	1500 mL	1000 mL	1200 mL	1200 mL
Other Features	Recloseable cap, ENFit® compatible with Bolink® D Cap.		12 FR or larger feeding tube is recommended for bolus and pump-assisted feeding.	
	Flows easily for pump-assisted, bolus or gravity feeding in 8 FR tube or greater.	Flow easily for pump-assisted or bolus feeding in a 8FR tube or greater. Gravity feeding is not recommended.	Gravity feeding is not recommended due to the viscosity of the formula.	
Nutritional Applications	Designed to support feeding tolerance with the inclusion of fruit and vegetable ingredients.		Associated with significant improvements in clinical and health economic outcomes. A retrospective study in post-acute care adult patients (≥14 years) demonstrated an association with improvement in gastrointestinal intolerance symptoms more commonly seen with standard enteral formulas such as nausea and vomiting, abdominal pain, diarrhea, and flatulence. ¹⁻⁶	

Compleat®

Nourishment inspired by nature

1971

Compleat® launched as the first and only tube feeding formula containing real food ingredients.

1848

The first feeding tube was created!

1990's

Compleat® Pediatric launched!

2012

Compleat® Pediatric Reduced Calorie launched!

2018

Compleat® Organic Blends launched!

2020

Compleat® Peptide 1.5 launched!

2022

Compleat® Standard Formulas launched!

2023

Compleat® Peptide 1.0 launched!

2024

Compleat® Original 1.5 launched!

2025

Compleat® refreshed packaging

2026

Compleat® Organic Blends Reclosable packaging launched!

formula 4success®

Looking for reimbursement support?
The formula4success® program offers detailed information and support to help you get the Compleat® products you need.

Learn more at: [Compleat.com/insurance-coverage](https://www.compleat.com/insurance-coverage)

References:

1. Henrikson A, Desai A, Allen F, Li, O, Yeddula S, Araujo Torres K. Real-World Evidence on Clinical and Health Economic Outcomes among Adult Patients in Post-Acute Care Receiving Commercial Blenderized Tube Feeding Formulas. *J Parenter Enteral Nutr.* 2022;46(S1):S162.
2. Desai A, Henrikson A, Allen F, Kumar P, Samhitha V, Araujo Torres, K. Health Economic Benefits of Real Food Tube Feeding Formulas Compared to Standard Tube Feeding Formulas in Post-Acute Care Adult Patients. Presented at 44th ESPEN CONGRESS, September 3-6, 2022, Vienna, Austria.
3. Henrikson A, Desai A, Allen F, Yeddula S, Araujo Torres, K. Clinical Benefits of Real Food Tube Feeding Formulas Compared to Plant-Based Standard Tube Feeding Formulas in Post-Acute Adult Patients. *J Parenter Enteral Nutr.* 2023;47(S2):S102.
4. Henrikson A, Desai A, Allen F, Yeddula S, Araujo Torres K. Cost Savings Associated with Commercial Blenderized Tube Feeding Formulas in Post-Acute Care Adult Patients. Presented at 44th ESPEN CONGRESS, September 3-6, 2022, Vienna, Austria.
5. Desai A, Henrikson A, Allen F, Yeddula S, Araujo Torres K. Main Diagnoses in Tube-Fed Adults in the Post-Acute Care Setting: Clinical and Health Economic Benefits Associated with the Use of Commercial Blenderized Enteral Nutrition Formula. *J Parenter Enteral Nutr.* 2023;47(S2):S104.
6. Bennett K, Desai A, Henrikson A, Cekola P, Liu J, Kumar P, Klosterbuer A, Araujo Torres K. Healthcare Resource Utilization and Cost Implications of Commercial Blenderized versus Plant-Based Standard Enteral Formulas in Children and Adults in Post-Acute Care: A Retrospective Study. *Clinicoecon Outcomes Res.* 2025 Nov 12;17:821-833.

USE UNDER MEDICAL SUPERVISION

†Visit www.compleat.com/policies for our vegan and non-gmo ingredient policy. **Some products may contain common food allergens.**

The ingredient statement on the product label should be carefully reviewed for any patient with food allergies.

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