

ICD-10 Codes Quick Reference Guide

Food Allergy &/or Intolerance

(add "z" code signifying allergen)

- Allergy to peanuts: Z91.010
- Allergy to milk products: Z91.011
- Allergy to eggs: Z91.012
- Other food allergies: Z91.018

Issue	ICD-10-CM
Allergic and dietetic gastroenteritis and colitis	K52.29
Allergic reaction to milk protein with gastroesophageal reflux	K21.9
Allergic rhinitis due to food allergy	J30.5
Allergy, unspecified (<i>initial encounter</i>)	T78.40XA
Bloody stools (<i>newborn</i>) / Bloody stools (<i>non-newborn</i>)	P54.1 / K92.1
Dermatitis due to food allergy	L27.2
Diarrhea, unspecified	R19.7
Eosinophilic colitis	K52.82
Eosinophilic esophagitis (EoE)	J82.81
Eosinophilic gastritis or gastroenteritis	K52.81
Esophagitis eosinophilic (acute, chronic, postoperative, w/out bleeding)	K20.90
Feeding difficulties, unspecified	R63.30
Food protein-induced enterocolitis syndrome (FPIES)	K52.21
Fussy/gassy (<i>infant</i>)	R68.12
GERD without esophagitis	K21.9
Infant colic	R10.83
Intolerance to gluten	K90.41
Intolerance to lactose or sucrose	E74.39
Intolerance to protein	K90.49
Irritable Bowel Syndrome (IBS with diarrhea) / IBS without diarrhea)	K58.0 / K58.9

Growth Issues & Malabsorption / Malnutrition Conditions

(add "z" code for weight percentile)

- <5th percentile: Z68.51
- 5th to <85th percentile: Z68.52
- 85th to 95th percentile: Z68.53
- >95th percentile: Z68.54

Issue	ICD-10-CM
Abnormal weight loss	R63.4
Developmental delay	R62.50
Failure to thrive (FTT newborn <28 days) / (FTT child)	P92.6 / R62.51
Intestinal malabsorption, unspecified	K90.9
Malabsorption due to intolerance	K90.49
Malabsorption, post-surgery	K91.2
Severe protein-calorie malnutrition, unspecified	E43
Short Bowel Syndrome (SBS), unspecified	K90.829
Underweight	R63.6

Centers for Disease Control and Prevention. International Classification of Diseases, Tenth Revision, Clinical Modifications (ICD-10-CM) Browser Tool. <https://icd10cmtool.cdc.gov/?fy+FY2023>. Accessed October 2023.



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