THE CLINICAL & ECONOMIC VALUE OF ONS: Oral Nutritional Supplements

Oral nutritional supplements (ONS) can provide calories, protein, and other essential nutrients for patients diagnosed with, or at risk of, malnutrition1



MALNUTRITION risk in older adults



• Poor diet, illnesses that cause increased nutrient demand, increased nutrient loss, and poor nutrient absorption can increase risk15



• 25% of older adults are malnourished or at risk of malnutrition, with an expected increase as the population ages¹⁶

reduction in risk of

infectious

complications

with ONS¹¹



• More than 40% of adults ages 51+ don't meet minimum daily protein requirements, which can impact muscle mass and functionality¹⁷⁻¹⁹

of adults 51+ don't get enough protein¹⁵

21% reduction in hospital length of stay (LOS)20

★ Increases hospital admissions^{24,25}





Increases risk of sarcopenia²⁶⁻²⁸

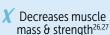


Increases complications. infections & pressure injuries^{24,29}





Increases risk of falls & fraility30,31







Negatively impacts activities of daily living^{31,32}



35% reduction in surgical patient complications²¹

Nearly 22% decline in episode cost in hospitalized adults²⁰



ONS have been shown to

REDUCE hospitalization & medical care costs^{21,2}

ECONOMIC

Studies on ONS have shown:

or recent fractures8-10 Can reduce hospital length of stay in patients >50 years

with hip fractures¹¹

Can maintain bone density

in patients with osteoporosis

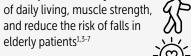
Can improve mobility, activities

and reduce the risk of falls in

elderly patients1,3-7



Reduces risk of infectious complications by nearly 50% in patients >50 years with hip fractures¹¹



 Helps increase gait speed & muscle strength in older adults with mild and moderate sarcopenia^{12,13}



NUTRITIONAL & FUNCTIONAL

ENEFITS

Can improve physical function, vitality & mental health in nursing home-dwelling patients¹⁴

Comprehensive portfolio of ONS to help patients get the

nutrition they need



26% reduction in 30-day readmission rates in adults²¹



For references, visit www.nestlemedicalhub.com/ oral-nutritional-supplements-infographic-reference-list