













# RETAIL CHANNEL: *At-a-Glance* NUTRITIONAL CHART











HIGH CALORIE		HIGH PROTEIN		DIABETES NUTRITION	
<div><div></div><div>BOOST PLUS®</div></div> <div><div>360</div>Calories <div>14 g</div>Protein <div>26</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Help gain or maintain weight</div><div>with this great-tasting, high calorie nutritional drink.</div></div> <div><div><div>Rich Chocolate</div><div>Very Vanilla</div><div>Creamy Strawberry</div></div></div>	<div><div>ONLINE ONLY</div><div><div></div><div>BOOST® VERY HIGH CALORIE</div></div></div> <div><div>530</div>Calories <div>22 g</div>Protein <div>26</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Help gain or maintain weight</div><div>with this delicious nutritional drink that's high calorie &amp; high protein.</div></div> <div><div><div>Rich Chocolate</div><div>Very Vanilla</div><div>Creamy Strawberry</div></div></div>	<div><div></div><div>BOOST® HIGH PROTEIN</div></div> <div><div>250</div>Calories <div>20 g</div>Protein <div>27</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Help maintain muscle</div><div>with 20 g high-quality protein in this great-tasting nutritional drink.</div></div> <div><div><div>Rich Chocolate</div><div>Very Vanilla</div><div>Creamy Strawberry</div><div>Cinnabon® Bakery Inspired Flavor</div></div></div>	<div><div></div><div>BOOST GLUCOSE CONTROL® MAX 30g PROTEIN†</div></div> <div><div>160</div>Calories <div>30 g</div>Protein <div>4 g</div>Carbs <div>1 g</div>Sugars</div> <div></div> <div><div>Helps Manage Blood Sugar Levels*</div><div>As Part of a Balanced Diet</div><div>*Clinically shown to produce a lower blood sugar response vs. a standard nutritional drink in people with type 2 diabetes. Use as part of a medically supervised diabetes management plan. <b>Not a substitute for medication.</b></div></div> <div><div><div>Rich Chocolate</div><div>Very Vanilla</div></div></div>	<div><div></div><div>BOOST GLUCOSE CONTROL®</div></div> <div><div>190</div>Calories <div>16 g</div>Protein <div>16 g</div>Carbs <div>4 g</div>Sugars</div> <div></div> <div><div>Helps Manage Blood Sugar Levels*</div><div>As Part of a Balanced Diet</div><div>*Clinically shown to produce a lower blood sugar response vs. a standard nutritional drink in people with type 2 diabetes. Use as part of a medically supervised diabetes management plan. <b>Not a substitute for medication.</b></div></div> <div><div><div>Rich Chocolate</div><div>Very Vanilla</div><div>Creamy Strawberry</div></div></div>	
EVERYDAY NUTRITION					
<div><div></div><div>BOOST® ORIGINAL</div></div> <div><div>240</div>Calories <div>10 g</div>Protein <div>27</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Help fill nutritional gaps</div><div>with this delicious, balanced nutritional drink.</div></div> <div><div><div>Rich Chocolate</div><div>Very Vanilla</div><div>Creamy Strawberry</div><div>Peaches &amp; Creme</div></div></div>	<div><div>ONLINE ONLY</div><div><div></div><div>BOOST® ORIGINAL POWDER</div></div></div> <div><div>220</div>Calories <div>10 g</div>Protein <div>25</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Mix with water</div><div>for a delicious nutritional drink to help fill nutritional gaps.</div></div> <div><div><div>Very Vanilla</div></div></div>	<div><div></div><div>BOOST® WOMEN</div></div> <div><div>180</div>Calories <div>15 g</div>Protein <div>24</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Get tailored nutrition</div><div>with this delicious nutritional drink designed for women.</div></div> <div><div><div>Rich Chocolate</div><div>Very Vanilla</div></div></div>	<div><div>ONLINE ONLY</div><div><div></div><div>BOOST® SOOTHE</div></div></div> <div><div>300</div>Calories <div>10 g</div>Protein <div>0</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Mild-flavored,</div><div>clear nutritional drink with a cooling effect.</div></div> <div><div><div>Hint of Peach-Mint</div><div>Hint of Strawberry-Kiwi</div></div></div>	<div><div>ONLINE ONLY</div><div><div></div><div>BOOST BREEZE®</div></div></div> <div><div>250</div>Calories <div>9 g</div>Protein <div>19</div>Vitamins &amp; Minerals</div> <div></div> <div><div>Fruit-flavored,</div><div>fortified, clear liquid nutritional drink.</div></div> <div><div><div>Peach</div><div>Wild Berry</div><div>Variety Pack</div></div></div>	

Online retailers include [B00ST.com](https://www.B00ST.com) and [Amazon.com](https://www.Amazon.com).

†Use this product as a food supplement only. Do not use for weight reduction.

# BOOST® NUTRITION SOLUTIONS TO HELP MEET YOUR NUTRITIONAL NEEDS

**NUTRITIONAL  
INFORMATION PER  
SINGLE SERVING OF  
FEATURED FLAVOR**

											
		BOOST® VERY HIGH CALORIE	BOOST PLUS®	BOOST® SOOTHE	BOOST BREEZE®	BOOST® HIGH PROTEIN	BOOST® ORIGINAL	BOOST® ORIGINAL POWDER	BOOST GLUCOSE CONTROL®	BOOST® WOMEN	BOOST GLUCOSE CONTROL® MAX 30g PROTEIN†
Calories	kcal	530	360	300	250	250	240	220	190	180	160
Protein	g	22	14	10	9	20	10	10	16	15	30
Total Carbohydrate	g	52	45	65	54	28	37	34	16	14	4
Dietary Fiber	g	0	1	0	0	0	0	<1	3	0	0
Total Sugars	g	13	22	15	34	11	15	8	4	4	1
Total Fat	g	26	14	0	0	6	6	5	7	7	3
Sodium	mg	280	200	0	70	220	150	150	210	210	300
Potassium	mg	420	360	0	0	470	470	290	250	50	450
Total Vitamins & Minerals	#	26	26	0	19	27	27	25	25	24	25
Serving Size		8 fl oz	8 fl oz	8 fl oz	8 fl oz	8 fl oz	8 fl oz	55 g	8 fl oz	8 fl oz	11 fl oz
No Artificial Sweeteners		✓	✓	✓	✓	✓	✓	✓			
No Artificial Colors		✓	✓	✓		✓	✓	✓	✓	✓	✓
Gluten Free		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Suitable for Lactose Intolerance*		✓	✓	✓	✓	✓	✓	✓	✓	✓	Contains <2 g lactose from protein ingredients

\*Not for individuals with galactosemia.

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