

Specialized Nutrition is Needed to Help Your Body Recover



Drink 1 carton 2 times per day for 5 days AFTER surgery

To track your progress, mark the box each time you drink a carton of IMPACT Advanced Recovery®

Date of Surgery:

Chill first for optimal enjoyment.

	Date	Carton 1	Carton 2
1 Day After			
2 Days After			
3 Days After			
4 Days After			
5 Days After			
Total Cartons Consumed			

Your doctor will determine when it is safe for you to drink and eat after surgery. Be sure to follow those instructions. Ask your doctor if you will need additional nutritional supplements for calories and protein when IMPACT Advanced Recovery® is finished.

THIS PRODUCT IS INTENDED FOR USE UNDER MEDICAL SUPERVISION. PLEASE CONSULT YOUR HEALTH CARE PROFESSIONAL TO DETERMINE IF THIS PRODUCT IS RIGHT FOR YOU.

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