

Dietary Management of EoE: More Than Just Food Allergen Avoidance

References

Arias A, González-Cervera J, Tenias JM, Lucendo AJ. Efficacy of dietary interventions for inducing histologic remission in patients with eosinophilic esophagitis: a systematic review and meta-analysis. *Gastroenterology*. 2014;146(7):1639-1648.

Arias Á, Vicario M, Bernardo D, et al. Toll-like receptors-mediated pathways activate inflammatory responses in the esophageal mucosa of adult eosinophilic esophagitis. *Clin Transl Gastroenterol*. 2018;9(4):147.

Benitez AJ, Hoffmann C, Muir AB, et al. Inflammation-associated microbiota in pediatric eosinophilic esophagitis. *Microbiome*. 2015;3:23.

Cianferoni A, Shuker M, Brown-Whitehorn T, et al. Food avoidance strategies in eosinophilic oesophagitis. *Clin Exp Allergy*. 2019;49(3):269-284.

Fissinger A, Mages KC, Solomon AB. Vitamin deficiencies in pediatric eosinophilic esophagitis: A systematic review. *Pediatr Allergy Immunol*. 2020;31(7):835-840.

Groetch M, Henry M, Feuling MB, Kim J. Guidance for the nutrition management of gastrointestinal allergy in pediatrics. *J Allergy Clin Immunol Pract*. 2013;1(4):323-331.

Groetch M, Venter C, Skypala I, et al.. Dietary therapy and nutrition management of eosinophilic esophagitis: a work group report of the american academy of allergy, asthma, and immunology. *J Allergy Clin Immunol Pract*. 2017;5(2):312-324.e29.

Henderson AF, Khan SM, Hornung LN, et al. Prevalence and Predictors of Compromised Bone Mineral Density in Pediatric Eosinophilic Esophagitis. *J Pediatr Gastroenterol Nutr*. 2020;71(6):764-770.

Hirano I, Chan ES, Rank MA, et al. AGA Institute and the Joint Task Force on Allergy-Immunology Practice Parameters Clinical Guidelines for the Management of Eosinophilic Esophagitis. *Gastroenterology*. 2020;158(6):1776-1786.

Imhann F, Bonder MJ, Vich Vila A, et al. Proton pump inhibitors affect the gut microbiome. *Gut*. 2016;65(5):740-748.

Kliwer KL, Cassin AM, Venter C. Dietary Therapy for Eosinophilic Esophagitis: Elimination and Reintroduction. *Clin Rev Allergy Immunol*. 2018;55(1):70-87.

Laserna-Mendieta EJ, FitzGerald JA, Arias-Gonzalez L, et al. Esophageal microbiome in active eosinophilic esophagitis and changes induced by different therapies. *Sci Rep*. 2021;11(1):7113.

Dietary Management of EoE: More Than Just Food Allergen Avoidance

References Continued

Markowitz JE, Spergel JM, Ruchelli E, Liacouras CA. Elemental diet is an effective treatment for eosinophilic esophagitis in children and adolescents. *Am J Gastroenterol*. 2003;98(4):777-782.

Mehta P, Furuta GT, Brennan T, et al. Nutritional state and feeding behaviors of children with eosinophilic esophagitis and gastroesophageal reflux disease. *J Pediatr Gastroenterol Nutr*. 2018;66(4):603-608.

Meyer R, Wright K, Vieira MC, et al. International survey on growth indices and impacting factors in children with food allergies. *J Hum Nutr Diet*. 2019;32(2):175-184.

Mukkada VA, Haas A, Maune NC, et al. Feeding dysfunction in children with eosinophilic gastrointestinal diseases. *Pediatrics*. 2010;126(3):e672-677.

Wechsler JB, Schwartz S, Arva NC, et al. A single food milk elimination diet is effective for treatment of eosinophilic esophagitis in children. *Clin Gastroenterol Hepatol*. 2021:S1542-3565(21)00384-0.

Websites

<https://www.choc.org/programs-services/eosinophilic-esophagitis/elemental-diet/>

<https://www.choc.org/programs-services/eosinophilic-esophagitis/fags-eoe-special-diets/>