



SMA nutrition Althéra



- Hypoallergenic*, extensively hydrolyzed infant formula for infants from birth, or for supplementary feeding from 6 months up to 3 years of age
- For the dietary management of cow's milk protein allergy and/or multiple food allergies
- With 100% extensively hydrolyzed whey protein
- Contains lactose, the primary carbohydrate in breast milk¹
- Contains DHA & ARA

**SMA Nutrition Althéra is intended for use under medical supervision.
Not suitable for galactosemia, glucose-galactose malabsorption, or lactose intolerance.**

*Meets the American Academy of Pediatrics criteria for hypoallergenicity

1. Berger PK, Plows JF, Demerath EW, Fields DA. Carbohydrate composition in breast milk and its effect on infant health. *Curr Opin Clin Nutr Metab Care*. 2020 Jul;23(4):277-281.



Althéra



NUTRIENTS	UNIT PER 100 KCAL	Nestlé SMA Nutrition Althéra®	Gerber® Extensive HA®	Similac® Alimentum®	Nutramigen®
Protein	g	2.37	2.6	2.75	2.8
Fat	g	5.1	5.1	5.54	5.3
Carbohydrate	g	10.9	10.9	10.2	10.3
Lactose	g	5.5	No lactose	No lactose	No lactose
Water	g	135	133	133	131
Linoleic Acid	mg	731	777	800	780
Vitamin A	IU	329	312	300	300
Vitamin D	IU	94.8	50	60	60
Vitamin E	IU	4.1	2	3	2
Vitamin K	mcg	8.9	10	8	9
Thiamine (Vitamin B ₁)	mcg	101	93	60	80
Riboflavin (Vitamin B ₂)	mcg	200	152	90	90
Vitamin B ₆	mcg	79	79	60	60
Vitamin B ₁₂	mcg	0.28	0.3	0.45	0.3
Niacin	mcg	1383	1028	1350	1000
Folic Acid (Folacin)	mcg	14	15	15	16
Pantothenic Acid	mcg	652	730	750	500
Biotin	mcg	2.3	2	4.5	3
Vitamin C (Ascorbic Acid)	mg	15.8	14	9	12
Choline	mg	28	24	12	24
Inositol	mg	6.9	20	5	24
Calcium	mg	104.7	90	105	94
Phosphorus	mg	69	63	75	52
Magnesium	mg	8.9	9	7.5	8
Iron	mg	0.98	1.8	1.8	1.8
Zinc	mg	0.98	1.0	0.75	1
Manganese	mcg	13.4	7	8	25
Copper	mcg	81	98	75	75
Iodine	mcg	24	15	15	15
Selenium	mcg	4.9	2	2	2.8
Sodium	mg	38	38	44	47
Potassium	mg	120	98	118	110
Chloride	mg	79	79	80	86

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