



Lisa Epp, RDN, LD, CNSC

Lisa Epp, RDN, LD, CNSC is a Registered Dietitian Nutritionist at Mayo Clinic in Rochester Minnesota. She received her Bachelors of Science degree from the University of Nebraska in 2003 and completed her dietetic internship at Mayo Clinic in 2004. She is a member of the Academy of Nutrition and Dietetics, as well as the American Society for Enteral and Parenteral Nutrition.

Lisa is an Assistant Professor in Nutrition at Mayo Clinic College of Medicine and a home enteral nutrition coordinator. Her interests include enteral nutrition therapy for pediatric and adult patients and the management of blenderized tube feedings.

Lisa has published several articles addressing the use of home blenderized tube feedings in adults and pediatrics and evaluating the flow rate with the ENFit connectors in journals such as, Nutrition in Clinical Practice and the Journal of Parenteral and Enteral Nutrition. Lisa plays an active role in educating healthcare professionals, tube-fed patients, and caregivers across the country, speaking at state and national organizations, such as ASPEN's Nutrition Science and Practice Conference, Academy of Nutrition and Dietetics Food and Nutrition Conference, and the Oley Foundation.