

Our comprehensive line of GARDS Gut Health products



Product				
Product Description	Promotes abdominal comfort. [†] Clinically shown to help manage a combination of occasional symptoms: cramping, bowel urgency, diarrhea, constipation, bloating and gas. [†]	Promotes abdominal comfort. [†] IBgard® with Vitamin D supports immune, bone and GI health. [†]	Helps manage meal-triggered indigestion. [†] Helps manage a combination of occasional symptoms: bloating, difficulty finishing a meal, nausea, upset stomach. [†]	Helps manage occasional heartburn. [†]
Recommended Age	Adults	Adults	Adults	Adults
Recommended Usage Instructions	2 capsules 1-3 times a day	2 capsules once a day or as directed by a healthcare provider	2 capsules 2 times a day or as directed by a healthcare provider	2 capsules daily before a meal
Herbal Ingredients	Each capsule contains: 90 mg of Peppermint Oil	2 capsules contain: 180 mg of Ultramen® Peppermint Oil (l-Menthol content 83 mg) and 25 mcg (1000 IU) of Vitamin D	2 capsules contain: 50 mg of Caraway Oil and 41.5 mg of l-Menthol	2 capsules contain: 320 mg of Artichoke Extract, 300 mg of Dyglycyrrhizinated Licorice Extract, 150 mg of Marshmallow Extract, 100 mg of Slippery Elm powder
Unique Features	Contains microspheres with a unique triple-layer coating designed to minimize the potential of early release of peppermint oil in the stomach: a common source of heartburn in standard peppermint oil supplements. This patented Site-Specific Targeting (SST®) Technology delivers IBgard® where it is needed in the gut.	Contains microspheres with a unique triple-layer coating designed to minimize the potential of early release of peppermint oil in the stomach: a common source of heartburn in standard peppermint oil supplements. This patented Site-Specific Targeting (SST®) Technology delivers IBgard® where it is needed in the gut. Emerging science suggests that individuals with GI symptoms may benefit from Vitamin D. [†]	Patented Site-Specific Targeting (SST®) Technology delivers FDgard® where it is needed in the gut. Caraway Oil and l-Menthol work together to help relax the digestive system and manage occasional symptoms in the gut. [†]	The herbs used in HBgard® have a history of traditional use in the management of occasional heartburn. These capsules are vegetarian.
Special Considerations	Consult with a healthcare provider before use if pregnant, nursing, taking any medications or have any medical conditions. Discontinue use if symptoms persist or worsen or any adverse reaction occurs.	Consult with a healthcare provider if pregnant, nursing, taking any medications or have any medical conditions.	Consult with a healthcare provider before use if pregnant, nursing, taking any medications or have any medical conditions. Discontinue use if symptoms persist or worsen or any adverse reaction occurs.	Not to be taken by pregnant or lactating women. Individuals with gallstones or bile duct occlusions should avoid use of this product.
Where to Purchase	Nestlé Nutrition Store, Amazon, Walmart, CVS, Walgreens, Target, Kroger, Rite Aid, Publix, Albertsons, Meijer, Harris Teeter	Nestlé Nutrition Store, Amazon	Nestlé Nutrition Store, Walmart, CVS, Walgreens, Kroger, Rite Aid, Amazon	Nestlé Nutrition Store, Amazon

For more information or to obtain coupons and samples visit the Nestlé Medical Hub at www.nestlemedicalhub.com

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.