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DON'T LET GUT TROUBLES HOLD YOUR PATIENTS BACK.



POWERED BY NATURE.... PERFECTED BY SCIENCE

¹ Cash BD, Epstein MS, Shah SM. *Int J Dig Dis.* 2016;2(2).
² He F, et al. *Biomed Res Int.* 2018;2018:0171905.
³ Ford AC, Mahadeva S, Carbone MF, Lacy BE, Talley NJ. *Lancet.* 2020; 396(10263):1689-1702.
⁴ Lacy B, Epstein M, Shah S, Corsino P. Improved regularity with a chewable inulin fiber (CIF): results from a Patient Reported Outcomes (PRO) study. In: American College of Gastroenterology Annual Conference - Philadelphia, PA.; 2018.
⁵ King DE, Mainous AG 3rd, Lambourne CA. Trends in dietary fiber intake in the United States, 1999-2008. *J Acad Nutr Diet.* 2012 May;112(5):642-8. doi: 10.1016/j.jand.2012.01.019. Epub 2012 Apr 25. PMID: 22709768.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



To order samples of **IBgard®**, **FDgard®**, **HBgard™** or **Fiber Choice®**, visit NestleMedicalHub.com

IBgard

- Adults, take 2 capsules, 1-3 times daily, as needed or as directed by a healthcare provider. Do not exceed 8 capsules per day.
- Take 30 to 90 minutes before a meal, with water.

HBgard™

- Adults, take 2 capsules, once a day.
- Take before a meal, with water.

FDgard

- Adults, take 2 capsules, 2 times a day or as directed by a healthcare provider. Do not exceed 6 capsules per day.
- Take 30 to 60 minutes before meals, with water.

Fiber Choice

- Original Assorted Fruit and Bone Health Tablets**
 - Adults, chew 2 tablets up to 3 times a day. Do not exceed 6 tablets per day.
 - Start with 2 tablets, once a day. Then increase dose at steady intervals, preferably with a meal. If discomfort is felt, reduce dose.
- Fruity Bites and No Sugar Gummies**
 - Adults, chew 2 gummies up to 4 times a day. Do not exceed 8 gummies per day.
 - Start with 2 gummies, once a day. Then increase dose at steady intervals, preferably with a meal. If discomfort is felt, reduce dose.



DAILY SUPPORT FROM OCCASIONAL ABDOMINAL SYMPTOMS[†]

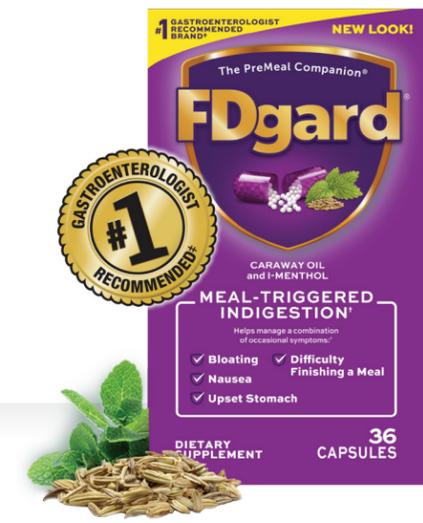
IBgard[®] is the only product clinically shown to help manage a combination of occasional abdominal symptoms using **Site-Specific Targeting (SST[®])** patented technology, which delivers ultra-purified peppermint oil to where it is needed.[†]

[†] Among gastroenterologists who recommended peppermint oil for abdominal comfort. Lieberman 2021



HELPS MANAGE OCCASIONAL HEARTBURN[†]

HBgard[™] is a new product to help manage occasional heartburn with a blend of carefully selected herbal ingredients to help soothe the GI tract and support its health.[†]



DAILY SUPPORT FROM MEAL-TRIGGERED INDIGESTION[†]

FDgard[®] is the only solution that uses patented **Site-Specific Targeting (SST[®])** to help manage meal-triggered indigestion, which delivers caraway oil and I-Menthol to where they are needed.[†]

[†] Among gastroenterologists who recommended an herbal product for meal-triggered indigestion. Lieberman 2021.



Fiber Choice[®] assorted fruit chewable tablets contain artificial flavors.

PREBIOTIC FIBER PROMOTES REGULARITY & HEALTHY GUT BACTERIA FOR IMMUNE HEALTH[†]

Most Americans only get about half of the recommended 28 grams of fiber each day. So when your patients can't get the fiber they need from healthy food, Fiber Choice[®] is an easy, tasty way to help close The Fiber Gap. Fiber Choice[®] contains inulin, which helps balance the digestive tract; a balanced digestive tract supports a healthy immune system.[†]

[†] Among gastroenterologists who recommend a chewable fiber brand (tablets or gummies). IQVIA ProVoice survey (2020).

THE GENTLE APPROACH

IBgard's gradual release allows a slow and gentle approach. The calming action of peppermint oil steadily travels through the gut to give you lasting relief from occasional abdominal symptoms.[†]

Starts working in as early as **24 hours**[†]

IBgard GENTLE, FAST, RELIABLE[†]

- #1** Gastroenterologist recommended brand[†]
- 24H** Rapid relief of occasional abdominal symptoms in as early as 24 hours[†]
- Gradual release of peppermint oil to help relax the digestive system[†]
- Suitable for daily-use

DAILY HERBAL SUPPLEMENT

The herbs used in HBgard[™] have a history of traditional use in the management of occasional heartburn.[†]

1 out of 3 Americans suffer from occasional heartburn²

HBgard HERBAL BLEND FOR GI SUPPORT[†]

- Marshmallow root extract to soothe the GI tract[†]
- Slippery elm bark to calm the digestive system[†]
- Artichoke leaf extract for gastric comfort[†]
- Deglycyrrhizinated licorice (DGL) to support the stomach's protective lining[†]

The PreMeal Companion[®]

FDgard[®] uses Site-specific Targeting (SST[®]) technology, which delivers caraway oil and I-Menthol to where they are needed.

Meal-triggered indigestion affects up to **16%** of Americans³

FDgard SUPPORTS GUT HEALTH[†]

- #1** Gastroenterologist recommended brand[†]
- 24H** Helps manage meal-triggered indigestion in as early as 24 hours[†]
- Rapid relief of meal-triggered indigestion[†]
- Suitable for daily use

HELPS SUPPORT REGULARITY WITH 100% PLANT BASED FIBER

87.6% of consumers responded they are likely or very likely to recommend Fiber Choice[®] to family or friends who need to add a dietary fiber supplement to their diet.⁴

Inulin prebiotic fiber found in **Fiber Choice[®]** plays a role in **General Health & Well-being**¹

Fiber Choice DAILY PREBIOTIC FIBER SUPPLEMENT

- #1** Gastroenterologist recommended brand[†]
- Made with plant based prebiotic fiber
- Supports the growth of healthy bacteria in the digestive tract[†]
- A tasty and convenient way for patients to get more daily fiber