***Letter of Medical Necessity***

Date: *Month, Day, Year*

TO: *Insurance Company*

FROM: *Physician Name*

SUBJECT: Request for coverage/ reimbursement for Peptamen Junior® HP high protein peptide-based formula.

I am requesting insurance coverage and reimbursement on behalf of my patient, *Name/Date of Birth****.***I have prescribed Peptamen Junior® HP formula for the dietary management of *Diagnosis or Condition.*

*Verify medical necessity for formula, including:*

* *Date of birth*
* *Diagnosis*
* *Height*
* *Weight*
* *Weight history*
* *Tracking on growth chart*
* *Brief documentation of weight loss/intolerance*
* *Nutrition prescription*

Peptamen Junior® HP is intended for the nutritional management of patients with impaired GI function, which may result from:

|  |  |
| --- | --- |
| • Critical illness/trauma  • Cystic fibrosis  • Crohn’s disease  • Oncology  • Cerebral palsy  • Short bowel syndrome | • Malabsorption  • Chronic diarrhea  • Delayed gastric emptying  • Growth failure  • Early enteral feeding  • Transition from TPN |

Peptamen Junior® HP formula is a high protein (16% of calories) peptide-based pediatric enteral formula with 100% whey protein for children age 1-13 years. Studies suggest that 100% whey helps facilitate gastric emptying, which may improve tolerance.[[1]](#footnote-1),[[2]](#footnote-2) Peptamen Junior® HP formula contains 1.2 kcals/mL, which delivers more nutrition in less volume than standard 1 kcal/mL formulas, and it has an MCT:LCT ratio of 60:40 to decrease the potential for fat malabsorption.[[3]](#footnote-3) It also contains 6 g/L of Prebio1™, a soluble fiber blend that helps promote the growth of beneficial bacteria to support digestive health.4-6

The higher amount of protein in Peptamen Junior® HP may be particularly helpful to certain populations, such as critically ill children. Protein requirements in the critically ill child are higher than in healthy children7 and protein delivery in the Pediatric ICU has been found to be insufficient. A review by Kyle, et al found that during the first 8 days of the PICU stay, only 40% of protein requirements were met8 and the findings of Mehta, et al are also notable for an inability to deliver the prescribed energy and protein in the PICU.9 A high protein formula like Peptamen Junior® HP may help patients in the PICU reach nutrition goals.

This product is available in vanilla flavor, and can be used as a complete tube feeding or oral supplement. Peptamen Junior® HP formula is a medical food intended for use under the supervision of a medical professional.

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| --- | --- | --- | --- | --- | --- |
| Name | Flavor | Product Code | Packaging | Calories per Carton | Reimbursement/NDC  Formatted Number |
| Peptamen Junior® HP | Vanilla | 4390054459 | 24 – 250 mL cartons/case | 300 | 43900-04676-89 |

Thank you for taking the time to review this request. Please contact me should you require any additional information.

Sincerely,

Signature:

Name:

Title:

*Attachments:* You may want to include pertinent information supporting evidence of medical necessity

Please refer to [www.nestlehealthscience.us](http://www.nestlehealthscience.us) for additional product information.

1. Fried MD et al*. J Pediatr* 1992;120:569-572. [↑](#footnote-ref-1)
2. Khoshoo V et al. *Eur J Clin Nutr* 2002;56:656-658. [↑](#footnote-ref-2)
3. Ruppin D et al. *Drugs* 1980;20:216-224.

   4 Scheppach W, Bartram P, Richter A, et al. *JPEN* 1992;16:43-8.

   5 Ichikawa H, et al. *Dig Dis Sci* 2002;47:1141-6.

   6 Gibson GR, et al. *Gastroenterology* 1995;108:975-82.

   7 Mehta NM, et al. *J Parenter Enteral Nutr* 2009;33:336-344

   8 Kyle UG, et al. *Journal of the Academy of Nutrition and Dietetics* 2012;112(12):1987–1992.

   9 Mehta NM, et al. *Crit Care Med* 2012;40(7):2204–2211. [↑](#footnote-ref-3)