

Juan B. Ochoa Gautier, MD, FACS, FCCM

Dr. Juan B. Ochoa Gautier completed his first general surgery residency-training program in Colombia graduating with honors. He later came to the United States to continue his training in surgical research and finished a second

residency in general surgery and a fellowship in critical care at the University of Pittsburgh.

Dr. Ochoa Gautier served as a tenured professor of surgery and critical care at the University of Pittsburgh and associate director for trauma services within the UPMC system. He maintained an NIH funded laboratory throughout his academic career, focusing his work on studying arginine metabolism. As a physician scientist, Dr. Ochoa Gautier's work spanned the translational spectrum, with significant contributions in the basic understanding of arginine depletion and better definition for the phenotypical and functional effects of arginine deficiency on T lymphocytes and nitric oxide production.

Dr. Ochoa Gautier was Chief Medical Officer for Nestlé Health Science, North America from 2009-2018 while maintaining a limited clinical practice in critical care at Geisinger Medical Center and an adjunct professorship at UPMC.

Juan is currently Medical Director of the SICU at Ochsner Medical Center in New Orleans. He continues to perform research and has published over 110 manuscripts in peer reviewed medical journals and chapters in major reference books. He currently lectures nationally and internationally, passionately advocating for the optimal nutrition care of all patients.

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