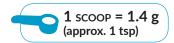






## 6 fl oz Servings Preparation Guide:





For best results, first add the recommended amount of powder into the cup according to the required consistency.



Pour liquid over the powder.



Immediately stir briskly for 20-30 seconds until powder is well dissolved.

Mixes easily into: WATER, JUICE, TEA, COFFEE, LEMONADE, PUNCH, CARBONATED SODA†& BROTH

NUMBER of 6 fl oz SERVINGS	NECTAR CONSISTENCY	HONEY	PUDDING CONSISTENCY
	MILDLY THICK*	MODERATELY THICK*	4 EXTREMELY THICK*
1	1½ scoops	3 scoops	4½ scoops
2	3 scoops	6 scoops	9 scoops
5	2 Tbsp + 1½ tsp	⅓ cup	⅓ cup + 1½ Tbsp
10	⅓ cup	⅔ cup	¾ cup + 3 Tbsp
20	¾ cup	1¼ cup	1% cup + 2 Tbsp
30	% cup + 3 Tbsp	1¾ cup + 2 Tbsp	2¾ cup + 1 Tbsp

Water, tea, coffee, lemonade, punch and carbonated sodas<sup>†</sup> should reach desired consistency within 5 minutes. For juices, leave standing for at least 5 minutes. Remember to re-stir briefly before serving. NOTE: Thickened beverages may be covered and chilled for up to 24 hours. Make sure to stir well before serving.

The amount of thickener may need to be adjusted to meet individual requirements, facility standards, type of liquid or mixing temperatures. BOOST BREEZE® does not thicken when used with RESOURCE® Thicken Up® Clear.

Suitable for use with the IDSSI framework.



 $<sup>^{\</sup>dagger}\text{Carbonated soda is appropriate for 2-MILDLY THICK*, 3-MODERATELY THICK*} \text{ and Nectar \& Honey consistency the property of the propert$ 

<sup>\*</sup>The International Dysphagia Diet Standardization Initiative 2016 http://iddsi.org/framework