

# Boost Plus® Vanilla

## Key Benefits

- Nutrient-packed, high calorie nutritional drink to help gain or maintain weight
- 360 nutrient-rich calories per 8 fl oz serving
- 14 g high-quality protein for muscle health
- 4g dietary fiber for digestive health
- 26 vitamins and minerals, including calcium and vitamin D to support strong bones
- Vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- For supplemental or interim sole-source nutrition
- Suitable as a nutrient-packed snack or with a meal

*Notes & Disclaimers for Key Benefits (Healthcare Professionals)*

## Nutritional Features

	Boost Plus® Vanilla
kcal/mL	1.5
Caloric Distribution Protein (% of kcal)	Protein 16% Carbohydrate 49% Fat 35%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	7
Calcium (mEq)	18
Potassium (mEq)	9
Chloride (mEq)	8
NPC:N Ratio	133:1
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	70
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	Canola
Osmolality (mOsm/kg water)	770
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

## Macro-Nutrient Sources

### Protein Source

- Milk Protein Concentrate
- Soy Protein Isolate

### Fat Source

- Canola Oil

### Carbohydrate Source

- Glucose Syrup
- Sugar

### Fiber Source

- Gum Acacia
- Fructooligosaccharides (FOS)
- Inulin (From Chicory)

## Nutritional Applications

- Inadequate oral intake
- Increased energy needs
- Weight gain or maintenance
- Malnutrition
- Fluid restriction
- Volume Intolerance
- Supplemental or interim sole-source nutrition

*Important Notes: NOT FOR PARENTERAL USE.*

## Allergens

By Nature:  
Milk, Soy

## Nutrition Facts

1 Serving Per Container		
<b>Serving Size</b>		<b>237mL</b>
<b>Amount Per Serving</b>		
<b>Calories</b>		<b>360</b>
		<b>% Daily Value*</b>
<b>Total Fat 14g</b>		<b>18%</b>
Saturated Fat 1.5g		<b>8%</b>
Trans Fat 0g		<b>0</b>
<b>Cholesterol 10mg</b>		<b>3%</b>
<b>Sodium 170mg</b>		<b>7%</b>
<b>Total Carbohydrate 47g</b>		<b>17%</b>
Dietary Fiber 4g		<b>14%</b>
Total Sugars 20g		
Includes 20g of Added Sugars		<b>40%</b>
<b>Protein 14g</b>		<b>28%</b>
Vitamin D 6mcg	30%	• Calcium 360mg 30%
Iron 4.5mg	25%	• Potassium 360mg 8%
Vitamin A 180mcg	20%	• Vitamin C 45mg 50%
Vitamin E 8mg	50%	• Vitamin K mcg
Thiamin 0.3mg	25%	• Riboflavin 0.5mcg 40%
Niacin mg		• Vitamin B6 0.6mg 35%
Folate 100mcg DFE (mcg Folic Acid)	25%	• Vitamin B12 1.1mcg 45%
Biotin 8mcg	25%	• Pantothenic Acid 1.2mg 25%
Phosphorus 250mg	20%	• Iodine 37mcg 25%
Magnesium 100mg	25%	• Zinc 3.3mg 30%
Selenium 14mcg	25%	• Copper 0.2mg 20%
Manganese 0.8mg	25%	• Chromium 9mcg 25%
Molybdenum 11mcg	25%	• Chloride 270mg 10%
Choline 60mg	10%	• Water 165mL

\* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Suitable Diets

- Kosher
- Gluten Free
- Suitable for lactose intolerance. Not for individuals with galactosemia.

Important Notes:



## Ingredients

WATER, GLUCOSE SYRUP, SUGAR, CANOLA OIL, MILK PROTEIN CONCENTRATE, AND LESS THAN 2% OF SOY PROTEIN ISOLATE, GUM ACACIA, VITAMINS AND MINERALS<sup>†</sup>, FRUCTOOLIGOSACCHARIDES, INULIN (FROM CHICORY), SOY LECITHIN, NATURAL FLAVOR, SALT, CARRAGEENAN

<sup>†</sup>VITAMINS AND MINERALS: POTASSIUM CITRATE, MAGNESIUM CHLORIDE, CALCIUM PHOSPHATE, MAGNESIUM PHOSPHATE, CHOLINE BITARTRATE, ASCORBIC ACID, SODIUM ASCORBATE, FERROUS SULFATE, POTASSIUM SALT, DL-ALPHA TOCOPHERYL ACETATE, ZINC SULFATE, NIACINAMIDE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, COPPER GLUCONATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE HYDROCHLORIDE, RIBOFLAVIN, VITAMIN A PALMITATE, FOLIC ACID, POTASSIUM IODIDE, VITAMIN K1, CHROMIUM CHLORIDE, SODIUM SELENITE, SODIUM MOLYBDATE, BIOTIN, VITAMIN D3, VITAMIN B12

## DRI Coverage

## Product Codes

	Boost Plus® Vanilla 12 x 8 fl oz	Boost Plus® Vanilla 4 (6 x 8 fl oz)
HCPCS Code	B4152	B4152
NDC-Format Number		
Case UPC	00041679345375	00041679931363
Each UPC	00041679931004	00041679931004
Product Code	12610673	