

# Boost® Original Nutritional Drink Very Vanilla

## Key Benefits

- Balanced nutritional drink with 240 nutrient-rich calories per 8 fl oz serving
- 10 g high-quality protein for muscle health
- 27 vitamins and minerals, including calcium and vitamin D to support strong bones
- Vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- For supplemental or interim sole-source nutrition
- Suitable as a nutrient-packed mini-meal or snack

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

## Nutritional Features

	Boost® Original Nutritional Drink Very Vanilla
kcal/mL	1.01
Caloric Distribution Protein (% of kcal)	Protein 17% Carbohydrate 61% Fat 22%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	7
Calcium (mEq)	16
Potassium (mEq)	12
Chloride (mEq)	8
NPC:N Ratio	126:1
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	80
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	Canola
Osmolality (mOsm/kg water)	560
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

## Macro-Nutrient Sources

### Protein Source

- Milk Protein Concentrate
- Soy Protein Isolate

### Fat Source

- Canola Oil

### Carbohydrate Source

- Glucose Syrup
- Sugar

### Fiber Source

## Nutritional Applications

- General oral supplement needs
- Inadequate oral intake
- Reduced appetite
- Malnutrition
- Supplemental or interim sole-source nutrition

Important Notes: NOT FOR PARENTERAL USE.

## Allergens

By Nature:  
Milk, Soy

## Nutrition Facts

1 Serving Per Container		237mL	
Serving Size		237mL	
Amount Per Serving			
Calories		240	
		% Daily Value*	
<b>Total Fat 6g</b>		<b>8%</b>	
Saturated Fat 1g		5%	
Trans Fat 0g		0	
<b>Cholesterol 10mg</b>		<b>3%</b>	
<b>Sodium 150mg</b>		<b>7%</b>	
<b>Total Carbohydrate 37g</b>		<b>13%</b>	
Dietary Fiber 0g		0%	
Total Sugars 15g			
Includes 15g of Added Sugars		<b>30%</b>	
<b>Protein 10g</b>		<b>20%</b>	
Vitamin D 6mcg	30%	• Calcium 320mg	25%
Iron 4.5mg	25%	• Potassium 470mg	10%
Vitamin A 180mcg	20%	• Vitamin C 45mg	50%
Vitamin E 8mg	50%	• Vitamin K 30mcg	25%
Thiamin 0.3mg	25%	• Riboflavin 0.5mcg	40%
Niacin 3.2mg	20%	• Vitamin B6 0.6mg	35%
Folate 100mcg DFE (60mcg Folic Acid)	25%	• Vitamin B12 1.1mcg	45%
Biotin 8mcg	25%	• Pantothenic Acid 1.2mg	25%
Phosphorus 250mg	20%	• Iodine 37mcg	25%
Magnesium 100mg	25%	• Zinc 3.3mg	30%
Selenium 14mcg	25%	• Copper 0.2mg	20%
Manganese 0.8mg	25%	• Chromium 9mcg	25%
Molybdenum 11mcg	25%	• Chloride 270mg	10%
Choline 60mg	10%	• Water 190mL	

\* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Suitable Diets

- Suitable for Lactose Intolerance<sup>^</sup>
- Gluten-Free
- Kosher

Important Notes:  
\*Not for individuals with galactosemia

## Ingredients

Water, Glucose Syrup, Sugar, Milk Protein Concentrate, Canola Oil, and less than 2% of Vitamins and Minerals\*, Soy Protein Isolate, Cellulose Gel and Gum, Salt, Natural Flavor, Carrageenan, Stevia Leaf Extract, Steviol Glycosides

\*Vitamins and Minerals: Magnesium Phosphate, Potassium Citrate, Potassium Chloride, Calcium Carbonate, Sodium Ascorbate, Choline Bitartrate, Calcium Phosphate, Ferrous Sulfate, DL-Alpha Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Potassium Iodide, Vitamin K1, Chromium Chloride, Sodium Selenite, Biotin, Sodium Molybdate, Vitamin D3, Vitamin B12

## DRI Coverage

### Coverage

Meets or exceeds 100% DRI for 23 key vitamins and minerals: Adult (+14 years old), 1185



## Product Codes

	Boost® Original Nutritional Drink, Very Vanilla, 24 x 237 mL
HCPSC Code	B4150
NDC-Format Number	43900-0674-39
Case UPC	00043900582764
Each UPC	00043900674391
Product Code	4390058276