

Carnation Breakfast Essentials® High Protein Nutritional Drink, Ready-to-Drink Creamy

Key Benefits

- Protein-packed, delicious nutritional drink with 220 nutrient-rich calories per 8 fl oz serving
- 15 g protein to support growth, and help build and maintain muscle
- 21 vitamins and minerals, including calcium and vitamin D to help build strong bones
- Excellent source of vitamins C and D, key nutrients for immune support
- Great at home or on-the-go, for breakfast or between meals

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

Nutritional Features

	Carnation Breakfast Essentials® High Protein Nutritional Drink, Ready-to-Drink Creamy Strawberry
kcal/mL	
Caloric Distribution Protein (% of kcal)	Protein Carbohydrate Fat
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	
Calcium (mEq)	
Potassium (mEq)	
Chloride (mEq)	
NPC:N Ratio	
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	
Osmolality (mOsm/kg water)	
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Suitable Diets

- Gluten-free
- Suitable for lactose intolerance. Not for individuals with galactosemia.
- Kosher

Important Notes:

Ingredients

WATER, GLUCOSE SYRUP, MILK PROTEIN CONCENTRATE, SUGAR, CANOLA OIL, SOY PROTEIN ISOLATE, AND LESS THAN 2% OF VITAMINS AND MINERALS‡; SALT, CELLULOSE GEL AND GUM, NATURAL FLAVOR, CARRAGEENAN, STEVIA LEAF EXTRACT

‡VITAMINS AND MINERALS: POTASSIUM CITRATE, MAGNESIUM CHLORIDE, MAGNESIUM PHOSPHATE, CALCIUM PHOSPHATE, SODIUM ASCORBATE, CHOLINE BITARTRATE, ASCORBIC ACID, FERROUS SULFATE, POTASSIUM CHLORIDE, DL-ALPHA TOCOPHERYL ACETATE, NIACINAMIDE, ZINC SULFATE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE HYDROCHLORIDE, COPPER SULFATE, VITAMIN A PALMITATE, FOLIC ACID, POTASSIUM IODIDE, VITAMIN K1, SODIUM MOLYBDATE, BIOTIN, CHROMIUM CHLORIDE, VITAMIN D3, SODIUM SELENITE, VITAMIN B12

DRI

Coverage

Nutrition Facts

1 Serving Per Container	
Serving Size	237mL
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	0
Cholesterol 10mg	3%
Sodium 200mg	9%
Total Carbohydrate 27g	10%
Dietary Fiber 0g	0%
Total Sugars 12g	
Includes 12g of Added Sugars	24%
Protein 15g	30%
Vitamin D 10mcg	50% • Calcium 350mg 25%
Iron 3.6mg	20% • Potassium 400mg 8%
Vitamin A 180mcg	20% • Vitamin C 90mg 100%
Vitamin E 5mg	35% • Vitamin K 40mcg 35%
Thiamin 0.3mg	25% • Riboflavin 0.5mcg 40%
Niacin 3.2mg	20% • Vitamin B6 0.4mg 25%
Folate 140mcg DFE (84mcg Folic Acid)	35% • Vitamin B12 1.4mcg 45%
Biotin 8mcg	25% • Pantothenic Acid 1.2mg 25%
Phosphorus 300mg	25% • Iodine 37mcg 25%
Magnesium 100mg	25% • Zinc 2.2mg 20%
Selenium 8mcg	15% • Copper 0.2mg 20%
Manganese 0.6mg	15% • Chromium 5mcg 15%
Molybdenum 14mcg	30% • Chloride 270mg 10%
Choline 60mg	10% • Water mL
* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Macro-Nutrient Sources

Protein Source

Fat Source

Carbohydrate Source

Fiber Source

Nutritional Applications

- General oral supplement needs
- Inadequate oral intake
- General protein needs
- Increased protein requirements

Important Notes: **NOT FOR PARENTERAL USE.**
Nutritionally appropriate for ages 9 years and older, including teens and adults.

Allergens

By Nature:
Milk, Soy

Product Codes

	Carnation Breakfast Essentials® High Protein Nutritional Drink, Ready-to-Drink Creamy Strawberry 4 x 6 x 8 fl oz	Carnation Breakfast Essentials® High Protein Nutritional Drink, Ready-to-Drink Creamy Strawberry 1 x 12 x 8 fl oz
NDC-Format Number		
Case UPC	00050000259403	00050000216925
Each UPC	00050000730568	00050000730568
Product Code	12600939	12600939