Boost® High Protein Boost® High Protein Nutritional Drink with Fiber Rich Chocolate

Key Benefits

- Protein-packed nutritional drink with 250 nutrient-rich calories per 8 fl oz bottle
- 20 g high-quality protein for muscle health
- 3 g fiber for digestive health
- 27 vitamins and minerals including B-vitamins to help convert food to energy
- Vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- Great as a protein-packed snack or mini-meal

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

Nutrition Facts

1 Serving Per Container

Serving Size 237mL

Amount Per Serving

Calories 250

	% Daily Value*
Total Fat 6g	**8%**
Saturated Fat 1g	**5%**
Trans Fat 0g	**0**
Cholesterol 10mg	**3%**
Sodium 220mg	**10%**
Total Carbohydrate 31g	**11%**
Dietary Fiber 3g	**11%**
Total Sugars 10g	
Includes 10g of Added Sugars	**20%**
Protein 20g	**40%**

Vitamin D 12mcg	60%	• Calcium 380mg	30%
Iron 4.5mg	25%	• Potassium 470mg	10%
Vitamin A 180mcg	20%	• Vitamin C 90mg	100%
Vitamin E 15mg	100%	• Vitamin K 30mcg	25%
Thiamin 0.3mg	25%	• Riboflavin 0.5mcg	40%
Niacin 3.2mg	20%	• Vitamin B6 0.6mg	35%
Folate 100mcg DFE (60mcg Folic Acid)	25%	• Vitamin B12 1.1mcg	45%
Biotin 15mcg	50%	• Pantothenic Acid 1.2mg	25%
Phosphorus 300mg	25%	• Iodine 37mcg	25%
Magnesium 100mg	25%	• Zinc 4.4mg	40%
Selenium 19mcg	35%	• Copper 0.4mg	45%
Manganese 0.8mg	35%	• Chromium 18mcg	50%
Molybdenum 11mcg	25%	• Chloride 300mg	15%
Choline 60mg	10%	• Water 187mL	

* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional Features

	Boost® High Protein Boost® High Protein Nutritional Drink with Fiber Rich Chocolate
kcal/mL	1.05
Caloric Distribution Protein (% of kcal)	Protein 33% Carbohydrate 45% Fat 22%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	10
Calcium (mEq)	19
Potassium (mEq)	12
Chloride (mEq)	8
NPC:N Ratio	52:1
MCT:LCT Ratio	
n6:n3 Ratio	
Free Water (%)	79
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	Canola
Osmolality (mOsm/kg water)	520
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

- Milk Protein Concentrate
- Calcium Caseinate (Milk)
- Sodium Caseinate
- Soy Protein Isolate

Fat Source

- Canola Oil

Carbohydrate Source

- Glucose Syrup
- Sugar

Fiber Source

- Soluble Corn Fiber

Nutritional Applications

- General oral supplement needs
- Increased protein requirements
- Reduced appetite
- Inadequate oral intake
- Malnutrition

Important Notes: NOT FOR PARENTERAL USE.

Allergens

By Nature:
Milk, Soy

Suitable Diets

- Suitable for lactose intolerance. Not for individuals with galactosemia.
- Gluten Free
- Kosher

Important Notes:
Not for individuals with galactosemia.



Ingredients

Water, Glucose Syrup, Milk Protein Concentrate, Sugar, Canola Oil, and Less Than 2% Of Soluble Corn Fiber, Soy Protein Isolate, Calcium Caseinate, Sodium Caseinate, Cocoa Processed With Alkali, Vitamins And Minerals*, Cellulose Gel And Gum, Salt, Natural Flavor, Carrageenan, Stevia Leaf Extract, Steviol Glycosides *Vitamins And Minerals: Potassium Citrate, Magnesium Chloride, Calcium Phosphate, Sodium Ascorbate, Magnesium Phosphate, Choline Bitartrate, Dl-Alpha Tocopheryl Acetate, Potassium Chloride, Ferric Pyrophosphate, Zinc Sulfate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Pyridoxine Hydrochloride, Copper Sulfate, Riboflavin, Thiamine Hydrochloride, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Sodium Selenate, Vitamin K1, Chromium Chloride, Biotin, Vitamin D3, Sodium Molybdate, Vitamin B12

DRI Coverage

Product Codes

	Boost® High Protein with Fiber Rich Chocolate 24 x 8 fl oz
NDC-Format Number	41679-0759-59
Case UPC	00041679716151
Each UPC	00041679759592
Product Code	12551081