Boost® Very High Calorie Nutritional Drink Very Vanilla

Key Benefits

- The highest calorie Boost® Nutritional Drink providing 2.24 kcal/mL with 530 calories per 8 fl oz serving
- Combines high calories with 22 g high-quality protein to help gain or maintain weight
- 26 vitamins and minerals including calcium and vitamin D to support strong bones
- Vitamins C and D, zinc, iron and selenium, key nutrients for immune support
- Suitable as a high calorie, high protein snack or with a meal

Notes & Disclaimers for Key Benefits (Healthcare Professionals)

Nutrition Facts

1 Serving Per Container

Serving Size 237mL

Amount Per Serving

Calories 530

	% Daily Value*
Total Fat 26g	**33%**
Saturated Fat 2g	**10%**
Trans Fat 0g	**0**
Cholesterol 5mg	**2%**
Sodium 280mg	**12%**
Total Carbohydrate 52g	**19%**
Dietary Fiber 0g	**0%**
Total Sugars 13g	
Includes 13g of Added Sugars	**26%**
Protein 22g	**44%**

Vitamin D 12mcg	60%	• Calcium 250mg	20%
Iron 6.3mg	35%	• Potassium 420mg	8%
Vitamin A 520mcg	60%	• Vitamin C 60mg	70%
Vitamin E 7.5mg	50%	• Vitamin K 60mcg	50%
Thiamin 0.6mg	60%	• Riboflavin 0.6mcg	45%
Niacin 8mg	50%	• Vitamin B6 0.8mg	45%
Folate 200mcg DFE (120mcg Folic Acid)	50%	• Vitamin B12 1.2mcg	50%
Biotin 15mcg	50%	• Pantothenic Acid 2.5mg	50%
Phosphorus 250mg	20%	• Iodine 60mcg	40%
Magnesium 80mg	20%	• Zinc 5.5mg	50%
Selenium 28mcg	50%	• Copper 0.45mg	50%
Manganese 1.1mg	50%	• Chromium 18mcg	50%
Molybdenum 23mcg	50%	• Chloride 300mg	15%
Choline 110mg	20%	• Water 159mL	

* The % Daily Value (DV) tells you how much a nutrient in a serving food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional Features

	Boost® Very High Calorie Nutritional Drink Very Vanilla
kcal/mL	2.24
Caloric Distribution Protein (% of kcal)	Protein 17% Carbohydrate 39% Fat 44%
L-Arginine (g)	
L-Glutamine (g)	
Sodium (mEq)	12
Calcium (mEq)	13
Potassium (mEq)	11
Chloride (mEq)	8
NPC:N Ratio	126:1
MCT:LCT Ratio	
n6:n3 Ratio	2.5:1
Free Water (%)	67
Dietary Nucleotides (g)	
EPA + DHA (g)	
Source of Oil	Canola
Osmolality (mOsm/kg water)	950
Density (g/mL)	
Renal Solute Load (mOsm/L)	
mL to Meet 100% DRI	
ARA (mg)	

Macro-Nutrient Sources

Protein Source

- Acid Casein (from Milk)
- Soy Protein Isolate

Fat Source

- Canola Oil

Carbohydrate Source

- Glucose Syrup
- Sugar

Fiber Source

Nutritional Applications

- Inadequate oral intake
- Increased energy needs
- Weight gain or maintenance
- Fluid restriction
- Volume sensitivity
- Malnutrition

Important Notes: NOT FOR PARENTERAL USE.

Allergens

By Nature:
Milk, Soy

Suitable Diets

- Suitable for Lactose Intolerance^
- Gluten-Free
- Kosher
- Fluid Restricted

Important Notes:
^Not for individuals with galactosemia

Ingredients

Water, Glucose Syrup, Canola Oil, Acid Casein (from Milk), Soy Protein Isolate, and less than 2% of Sugar, Vitamins and Minerals*, Soy Lecithin, Salt, Natural and Artificial Flavor, Citric Acid, Taurine, Carrageenan

*Vitamins and Minerals: Potassium Citrate, Calcium Citrate, Magnesium Chloride, Sodium Ascorbate, Sodium Phosphate, Potassium Phosphate, Sodium Citrate, Choline Chloride, Magnesium Oxide, Ferrous Sulfate, Zinc Sulfate, Niacinamide, DL-Alpha Tocopheryl Acetate, Calcium Pantothenate, Manganese Sulfate, Vitamin A Palmitate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Mononitrate, Riboflavin, Folic Acid, Potassium Iodide, Sodium Selenate, Chromium Chloride, Vitamin K1, Biotin, Vitamin D3, Sodium Molybdate, Vitamin B12

DRI Coverage

Meets or exceeds 100% DRI for 6 key vitamins and minerals: 9 - 13 years old, 237 mL
Meets or exceeds 100% DRI for 17 key vitamins and minerals: Adult (+14 years old), 474

Product Codes

	Boost® Very High Calorie Nutritional Drink, Very Vanilla, 24 x 237 mL
HCPCS Code	B4152
NDC-Format Number	43900-0182-15
Case UPC	00043900894348
Each UPC	00043900182155
Product Code	4390089434