***Letter of Medical Necessity***

Date: *Month, Day, Year*

TO: *Insurance Company*

FROM: *Physician Name*

SUBJECT: Request for coverage/ reimbursement for Peptamen Junior® Fiber peptide- based elemental nutrition formula.

I am requesting insurance coverage and reimbursement on behalf of my patient, *Name/Date of Birth****.***I have prescribed Peptamen Junior® Fiber formula, manufactured by Nestlé HealthCare Nutrition, Inc. for the dietary management of *Diagnosis or Condition.*

*Verify medical necessity for formula, including: diagnosis, documented failure or intolerance to other formulas, current HT/WT, tracking on growth chart, history of wt loss, pertinent lab results, medications, potential outcome if formula were denied.*

Peptamen Junior® Fiber formula is a nutritionally complete elemental formula with a blend of fibers for the nutritional support of GI-impaired children 1- 10 years of age. This product is intended for the nutritional management of those patients with impaired GI function and/ or a requirement for early enteral feeding. The product can be used as a complete tube feeding or oral supplement. Peptamen Junior® Fiber formula is a medical food intended for use under the supervision of a medical professional.

Peptamen Junior® Fiber formula is the only peptide-based pediatric enteral formula with 100% whey protein, as well as a soluble (PREBIO1™) and insoluble fiber blend. Studies suggest that whey peptides help to facilitate GI tolerance by improving gastric emptying time[[1]](#footnote-1),[[2]](#footnote-2). Whey peptides also help to preserve gut integrity[[3]](#footnote-3),[[4]](#footnote-4). The formula has a unique balanced peptide profile for efficient absorption and tolerance[[5]](#footnote-5),[[6]](#footnote-6). It has a MCT:LCT ratio of 60:40 to decrease the potential for fat malabsorption[[7]](#footnote-7). Peptamen Junior® Fiber formula has a unique fiber blend that supports digestive health with insoluble fiber to help regulate intestinal transit time and stool patterns[[8]](#footnote-8),[[9]](#footnote-9). The formula is recognized by the Centers for Medicare and Medicaid Services (CMS) as “an enteral formula for pediatrics, hydrolyzed/ amino acids and peptide chain proteins, includes fats, carbohydrates, vitamins and minerals, may include fiber, administered through an enteral feeding tube”, found in HCPCS Category B4161.

Thank you for taking the time to review this request. Please contact me should you require any additional information.

Sincerely,

Signature:

Name:

Title:

Attachments: *You may want to include pertinent information supporting evidence of medical necessity and product information. Please refer to the following websites for product information: www.NestleHealthScience.us and www.CareInitiative.com.*

1. Fried MD et al*. J Pediatr* 1992;120:569-572. [↑](#footnote-ref-1)
2. Khoshoo V et al. *Eur J Clin Nutr* 2002;56:656-658. [↑](#footnote-ref-2)
3. Maples BA et al*. JPEN* 2005;29(s). [↑](#footnote-ref-3)
4. Marshall K. *Alt Med Review* 2004;9(2):136-156. [↑](#footnote-ref-4)
5. Donald P et al. *Nutrition Research*. 1993;14:3-12. [↑](#footnote-ref-5)
6. Dylewski M, et al. Whey-based formulas improve tube feeding tolerance in pediatric burn patients. Presented at the 5th Clinical Nutrition Week, 2006. [↑](#footnote-ref-6)
7. Ruppin D et al. *Drugs* 1980;20:216-224. [↑](#footnote-ref-7)
8. Castillejo G, et al. A controlled, randomized, double-blind trial to evaluate the effects of a supplement of cocoa husk that is rich in dietary fiber on colonic transit in constipated pediatric patients.  *Pediatrics* 2006;118(3);e641-8. [↑](#footnote-ref-8)
9. Dahl WJ, et al. Increased stool frequency occurs when finely processed pea hull fiber is added to usual foods consumed by elderly residents in long term care. *J Am Diet Assoc* 2003;103(9):1199-202. [↑](#footnote-ref-9)