

# Nutritional Management of Children with NEUROLOGICAL IMPAIRMENT

Nutritional status assessment: Clinical history • Physical exam • Anthropometric measurements • Additional tests

Adequate Nutrition

Reassess as needed

Inadequate Nutrition

Children ABOVE 1 year

Swallow without difficulty

Swallow with difficulty

3 years & OLDER

Unable to meet nutritional requirements by mouth

Recommend the following thickeners to modify liquids and/or solids for patients with dysphagia as needed.  
Suitable for use with the IDDSI Framework<sup>^</sup>



RESOURCE® Thicken UP®  
Starch-based

For use in individuals greater than 3 years old.



RESOURCE® Thicken UP® Clear  
Xanthan gum-based

Unable to meet nutritional requirements by mouth

## Oral Supplements

Consider polymeric formula  
(Not condition specific)

Consider peptide-based formula  
(Condition specific)



Complet® Pediatric  
Standard 1.0      Complet® Pediatric  
Standard 1.4



BOOST® Kid  
Essentials™  
1.5 with  
Fiber



BOOST® Kid  
Essentials™  
1.0



BOOST® Kid  
Essentials™  
1.5



Peptamen  
Junior®  
PHGG



Peptamen  
Junior®  
with Fiber



Peptamen  
Junior®  
1.0

Assess  
for Tube  
Feeding

Consider polymeric formula

Consider real food Ingredients

Consider peptide-based formula (Condition specific)

Consider real food Ingredients

With Fiber

Plant-based

Blenderized Whole Foods

Plant-based  
Option

Chicken-Garden  
Option

NORMAL  
Energy Needs

LOW  
Energy Needs

Without Fiber

With Fiber

Calorically  
Dense

HIGH  
Protein

Calorically  
Dense



Nutren  
Junior®  
Fiber



Complet®  
Pediatric  
Standard 1.0



Complet®  
Pediatric  
Standard 1.4



Complet®  
Organic Blends  
Plant-based



Complet®  
Organic Blends  
Chicken-Garden



Complet®  
Pediatric



Complet®  
Pediatric  
Reduced Calorie



Peptamen  
Junior®



Peptamen  
Junior®  
1.5



Peptamen  
Junior®  
HP



Peptamen  
Junior®  
Fiber



Peptamen  
Junior®  
PHGG



Complet®  
Pediatric  
Peptide 1.5

<sup>^</sup>©The International Dysphagia Diet Standardisation Initiative 2019 @<http://iddsi.org/framework/>

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