




















# MEDICAL NUTRITION: *At-a-Glance* CHART

HIGH CALORIE		HIGH PROTEIN		DIABETES NUTRITION		
<b>BOOST PLUS®</b>  360 Calories 14 g Protein 26 Vitamins & Minerals 		<b>BOOST® VERY HIGH CALORIE</b>  530 Calories 22 g Protein 26 Vitamins & Minerals 		<b>BOOST GLUCOSE CONTROL® MAX 30g PROTEIN†</b>  160 Calories 30 g Protein 4 g Carbs 1 g Sugars 		<b>BOOST GLUCOSE CONTROL®</b>  190 Calories 16 g Protein 16 g Carbs 4 g Sugars 
Helps Gain or Maintain Weight		Helps Gain or Maintain Weight		Helps Manage Blood Sugar Levels* As Part of a Balanced Diet		
Delicious nutritional drink providing 360 calories (1.5 kcal/mL) with 14 g protein to help gain or maintain weight.  ● Very Vanilla ● Rich Chocolate ● Creamy Strawberry		Calorically dense nutritional drink with 530 calories (2.24 kcal/mL) & 22 g protein to help gain or maintain weight.  ● Very Vanilla ● Creamy Strawberry		*Clinically shown to produce a lower blood sugar response vs. a standard nutritional drink in people with type 2 diabetes. Not a substitute for medication. Use as part of a medically supervised diabetes management plan.  ● Very Vanilla ● Rich Chocolate		● Very Vanilla ● Rich Chocolate ● Creamy Strawberry
CLEAR LIQUID NUTRITION				EVERYDAY NUTRITION		
<b>BOOST® SOOTHE</b>  300 Calories 10 g Protein 0 Vitamins & Minerals 		<b>BOOST BREEZE®</b>  250 Calories 9 g Protein 19 Vitamins & Minerals 		<b>BOOST® ORIGINAL</b>  240 Calories 10 g Protein 27 Vitamins & Minerals 		<b>BOOST® NUTRITIONAL PUDDING</b>  230 Calories 7 g Protein 24 Vitamins & Minerals 
Clear Liquid Nutrition with a Cooling Effect		Fortified Clear Liquid Nutrition		Helps Fill Nutritional Gaps		Helps Fill Nutritional Gaps
Clear, mild-flavored nutritional drink designed to provide a cooling effect with 300 calories & 10 g protein to help gain or maintain weight.  ● Hint of Peach-Mint ● Hint of Strawberry-Kiwi		Clear, fruit-flavored nutritional drink with 250 calories, 9 g protein and 19 vitamins & minerals to help fill nutritional gaps.  ● Orange ● Peach ● Wild Berry ● Variety Pack		Great-tasting nutritional drink with 240 calories, 10 g protein and 27 vitamins & minerals to help fill nutritional gaps.  ● Very Vanilla ● Rich Chocolate ● Creamy Strawberry		Creamy pudding provides texture variety with 230 calories & 7 g protein to help meet nutrition needs when soft foods are preferred.  ● Very Vanilla ● Rich Chocolate

†Use this product as a food supplement only. Do not use for weight reduction.

# BOOST® NUTRITION SOLUTIONS TO HELP MEET YOUR PATIENTS' NUTRITIONAL NEEDS

NUTRITIONAL  
INFORMATION PER  
SINGLE SERVING OF  
FEATURED FLAVOR

										
		BOOST® VERY HIGH CALORIE	BOOST PLUS®	BOOST® SOOTHE	BOOST BREEZE®	BOOST® HIGH PROTEIN	BOOST® ORIGINAL	BOOST® NUTRITIONAL PUDDING	BOOST GLUCOSE CONTROL®	BOOST GLUCOSE CONTROL® MAX 30g PROTEIN¹
Calories	kcal	530	360	300	250	240	240	230	190	160
Calories per mL		2.24	1.5	1.3	1.05	1.0	1.0	1.6	0.8	0.5
Protein	g	22	14	10	9	20	10	7	16	30
Total Carbohydrate	g	52	45	65	54	28	41	32	16	4
Dietary Fiber	g	0	1	0	0	0	1	0	3	0
Total Sugars	g	13	22	15	34	15	20	14	4	1
Total Fat	g	26	14	0	0	6	4	8	7	3
Sodium	mg	280	190	0	70	220	150	115	210	300
Potassium	mg	420	360	0	0	450	470	250	250	450
Total Vitamins & Minerals	#	26	26	0	19	27	27	24	25	25
Serving Size		237 mL	237 mL	237 mL	237 mL	237 mL	237 mL	5 oz cup	237 mL	325 mL
No Artificial Sweeteners		✓	✓	✓	✓	✓	✓	✓		
No Artificial Colors		✓	✓	✓		✓	✓	✓	✓	✓
Gluten Free		✓	✓	✓	✓	✓	✓	✓	✓	✓
Suitable for Lactose Intolerance*		✓	✓	✓	✓	✓	✓	✓	✓	Contains <2 g lactose from protein ingredients

\*Not for individuals with galactosemia.

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