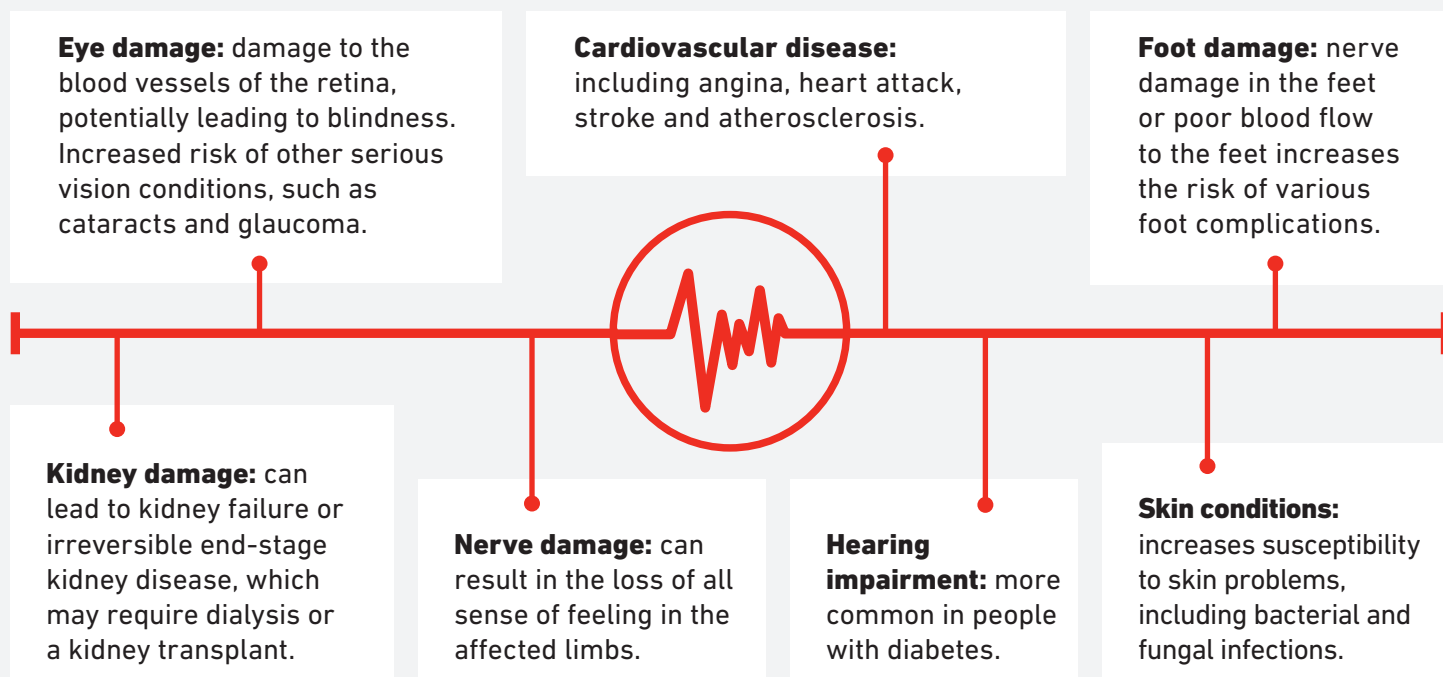




The Critical Role of Nutrition in Diabetes Management



Managing Blood Sugar Levels Is Important for Reducing the Risk of Complications¹



Stable Blood Glucose Is Key^{2,3}

Weight management and good nutrition can help adults with diabetes manage their condition by keeping blood glucose levels in the target range. It can also help those with prediabetes reduce the risk of developing the disease.

Monitoring carbohydrate intake, whether by carb counting or experience-based estimation, remains a key strategy for managing blood sugar levels.

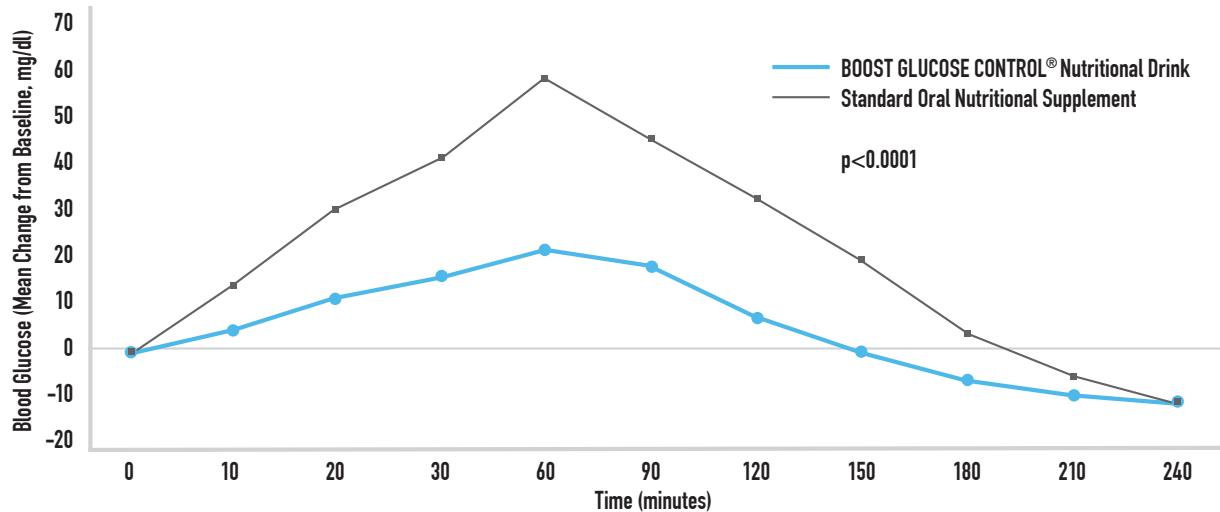
Key risk factors for diabetes include:

- Having prediabetes
- Being overweight or obese
- Age 45 years or older
- Limited physical activity

Diabetes-Specific Nutrition Supports Blood Glucose Management

BOOST GLUCOSE CONTROL® Drink is clinically shown to produce a lower blood sugar response vs. a standard nutritional drink in adults with type 2 diabetes.⁴

Mean Glucose Change from Baseline Levels by Time of Sampling the Product⁴



BOOST GLUCOSE CONTROL® Balanced Nutritional Drink

Nutrition designed for people with diabetes



Clinically Shown

to produce a lower blood sugar response vs. a standard nutritional drink

16 g High-Quality Protein

to help maintain muscle and manage hunger

1 Carb Choice

with 16 g carbohydrates, including 4 g sugars

25 Vitamins & Minerals

to help meet daily nutritional needs

Gluten Free

and suitable for people with gluten sensitivity or celiac disease

Delicious Flavors

Rich Chocolate, Very Vanilla and Creamy Strawberry

Incorporate BOOST GLUCOSE CONTROL® Nutritional Drink into a balanced diet as part of a medically supervised diabetes management plan.

⁴ Huhmann M et al. BMJ Open Diabetes Research and Care, 2016.

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